

Date Comments Close:
Tuesday, July 26, 2016
SERFF:
MVPH-130558905

sharon gutwin replied on Thu, 2016-05-19 20:31

Seems MVP is only tagging onto BCBS with the rate request. Any rate above 2 percent is unsustainable seeing that salary increases are about that. We need to do a better job at incentivising people to get and stay healthy. Paying for outcomes in medical fitness is long overdue. Exercise, nutrition and behavioral modifications is the only care for a only cure to chronic disease, if applied early. Medications only treat symptoms and expensively and poorly in many cases. Insurance money applied to cures is fundamental to success in health care. We must invest in medically directed fitness in a serious way, not just toss a few hundred dollars out to people to spend on fitness haphazardly. That does not work in the vast majority of cases. That in most cases is simply a waste of money.