

STATE OF VERMONT
GREEN MOUNTAIN CARE BOARD

DOCKET NUMBER 08-15-rr

VERMONT HEALTH CONNECT RATE REVIEW HEARING
(BLUE CROSS AND BLUE SHIELD OF VERMONT)

July 29, 2015
9 a.m.

89 Main Street
Montpelier, Vermont

Hearing held before the Green Mountain Care Board, at the City Center, 89 Main Street, 2nd Floor, Montpelier, Vermont, on July 29, 2015, beginning at 9 a.m.

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I N D E X

	<u>Page</u>
Opening Statement—Ms. Hughes	6
Opening Statement—Ms. Richardson	8
<u>Witness</u>	
	<u>Page</u>
Ruth Greene	11
Direct Examination by Ms. Hughes	11
Cross Examination by Ms. Richardson	22
Board Questions	28
Paul Schultz	61
Direct Examination by Ms. Hughes	61
Cross Examination by Ms. Richardson	89
Board Questions	90
Redirect Examination by Ms. Hughes	110
Ryan Chieffo	112
Board Questions	116
Cross Examination by Ms. Hughes	121
Cross Examination by Ms. Richardson	124
Jackie Lee	126
Direct Examination by Mr. Donofrio	126
Cross Examination by Ms. Richardson	133
Board Questions	135
Donna Novak	137
Direct Examination by Ms. Richardson	137
Cross Examination by Ms. Hughes	152
Board Questions	155
<u>Public Comment</u>	
Dale Hackett	160
Jamie Contois	161
Michael Ialeggio	164
Sheila Linton	166
Jess Fuller	168
Millard Cox	170
Bekah Mandell	172
<u>Exhibits</u>	
	<u>Admitted</u>
BCBS 1-17	2

1 CHAIRMAN GOBEILLE: Good morning
2 everyone. Welcome to day two of Vermont Health
3 Connect rate review festival. I will turn this
4 hearing over to Hearing Officer Judy Henkin. Judy.

5 MS. HENKIN: Good morning everybody. As
6 I always do I'll start by telling you to turn off
7 your cell phones if they are on so we don't have
8 obstructions during the hearing.

9 This is a hearing today in Docket Number
10 08-15-rr and it's Blue Cross & Blue Shield of
11 Vermont's 2016 Qualified Health Plans Rate Filing.
12 We have Blue Cross over here. The Health Care
13 Advocate's Office is here today too and has a
14 witness. We will also hear from the Department of
15 Financial Regulation.

16 I would like to just go into a few
17 preliminary things. I'm Hearing Officer by
18 designation of our Chair Al Gobeille. My name is
19 Judy Henkin. We did stipulate to some documents.
20 Yesterday we went through having them admitted, but
21 we can admit them now if you would like to just get
22 that out of the way.

23 MS. HUGHES: That would be much simpler.
24 Thank you.

25 MS. HENKIN: Yes. It is much simpler.

1 So we have these in binders here. The stipulated
2 exhibit list was numbers 1 through 21. There is a
3 note some are labeled confidential and contain
4 material that is not part of the public record, and
5 those the Board has but those are not posted to our
6 site. Is there any change to that list?

7 MS. HUGHES: I think we really won't be
8 needing 18 through 21. They are there, but I think
9 the issue that prompted us to ask to have them as
10 exhibits has gone away. So I don't believe we will
11 be using those exhibits.

12 MS. RICHARDSON: I would agree with
13 that. They were included initially in the binder,
14 but we don't expect to be using them today.

15 MS. HENKIN: Okay. So let's enter into
16 evidence -- by agreement of the parties we'll enter
17 numbers 1 through 17. Correct?

18 MS. HUGHES: Yes.

19 MS. HENKIN: And those are entered into
20 evidence at this time.

21 (Exhibits marked 1-17 were admitted into
22 the record.)

23 MS. HENKIN: A little formatting. We'll
24 let -- Blue Cross is going to present their witnesses
25 first and I believe you have two witnesses or one?

1 MS. HUGHES: Two witnesses, Ruth Greene
2 and Paul Schultz.

3 MS. HENKIN: Both will be testifying.
4 And the HCA has one witness?

5 MS. RICHARDSON: Yes.

6 MS. HENKIN: I'll let you start with an
7 opening statement and we can get moving on this.
8 There is a sign-up sheet for public comment if anyone
9 is here to make public comment today. We did
10 designate a time that we thought it would start,
11 which is usually the close of hearing which is sort
12 of open ended, but because we do expect people to
13 come to make comment today who expressed interest in
14 coming we've said it would be around 1 o'clock. If
15 we are done, we'll break for lunch and come back for
16 that public comment, but again there is a sign-up
17 sheet if anyone is here for that reason. An opening
18 introduction for the Board.

19 MS. HUGHES: Thank you. I'll be brief.
20 My name is Jackie Hughes. I'm a lawyer with Blue
21 Cross & Blue Shield of Vermont, and we're here today
22 with our team to present our 2016 Qualified Health
23 Plan Rate Filing. As you all know Blue Cross is a
24 very active participant in health care reform efforts
25 and our participation on the exchange and in

1 qualified health plans continues that tradition.

2 Lewis & Ellis I want to thank them for
3 their rigorous but friendly review. I mean we had a
4 very open and cooperative working relationship with
5 them. I also want to thank Donna Novak of NovaRest
6 for her very timely and thoughtful review of the
7 filing.

8 Like the preceding years we're trying to
9 get the right number, and I think that to that end we
10 have worked with Lewis & Ellis to narrow the issues,
11 and I'm pleased to report that after discussions with
12 them we are in agreement with their four
13 recommendations, and so we are asking for a rate
14 increase of 7.2 percent on average.

15 We are -- after making those
16 modifications we believe that the rate filing meets
17 the statutory standards, and I know it's a big long
18 list, as Mike Donofrio went through it yesterday, and
19 I won't go through that now other than to say we
20 believe that we've got the right number for the
21 Board's consideration, and although Ms. Novak agreed
22 with the four L&E recommendations, she has a couple
23 other suggestions that we don't agree with, and we'll
24 get into that in our testimony.

25 Our goal today is to make our filing

1 clear to you and to answer any questions you have.
2 Thank you.

3 MS. HENKIN: Lila, do you have an
4 opening?

5 MS. RICHARDSON: Yes, I do, and I think
6 I know most of the people in the room, but for the
7 record my name is Lila Richardson. I'm an attorney
8 with the Office of the Health Care Advocate. The HCA
9 is appearing as a party in this case to represent the
10 Vermont ratepayers who will be enrolling in plans
11 offered by Blue Cross Blue Shield of Vermont on the
12 exchange marketplace beginning in January 2016.
13 That's what this rate filing is dealing with.

14 We consider this a very important
15 filing. I know the Board and Blue Cross also do.
16 According to the filing documents in this case Blue
17 Cross Blue Shield is projecting that approximately
18 70,000 Vermonters would be enrolled through the
19 qualified health plans through Vermont Health Connect
20 in 2016. This obviously is a large number of
21 Vermonters and it's also a very large percentage of
22 the total number of Vermonters who are enrolled under
23 the Vermont Health Connect plans.

24 Our major goal in this hearing and this
25 rate filing is to ensure that Blue Cross Blue Shield

1 of Vermont's rates for the products it's offering are
2 both reasonable and as affordable as possible. As
3 Jackie Hughes has laid out in her opening, some of
4 the issues have been resolved in this filing already
5 based on the review that was done by the Board's
6 actuary Lewis & Ellis. The original rate request was
7 8.6 percent including a small supplemental post
8 submission increase, and after Lewis & Ellis's review
9 Blue Cross Blue Shield is agreeing to the
10 recommendation from Lewis & Ellis that the rate
11 increase be reduced from that amount to 7.2 percent.

12 The HCA is very concerned about the
13 affordability of premiums if the rate increase is
14 approved even if it is reduced by the amount that's
15 recommended by Lewis & Ellis and agreed to by the
16 carrier, and I want to just emphasize why this is
17 important to Vermonters. Lower income Vermonters
18 often do receive subsidies to help pay for the costs
19 of premiums, but other Vermonters are required to pay
20 the full price for individual coverage, and they
21 therefore experience the full impact of any rate
22 increase. In addition, there are small employers
23 that are purchasing on the exchange and they also
24 experience rate increases, and they will often pass
25 those costs on to their employees.

1 The Board has already received many
2 public comments expressing concern about
3 affordability of plans on Vermont Health Connect. I
4 don't know the exact number, but I know it's several
5 hundred and that will be part of the public record.
6 Again, we've come to an agreement as the parties in
7 this case about the recommendations from Lewis &
8 Ellis.

9 So the HCA, which also agrees with these
10 modifications, would be focusing on two additional
11 areas of disagreement with the filing. First, we
12 dispute the assumptions that Blue Cross Blue Shield
13 has made about the number of groups in the current
14 small group market who will purchase plans on Vermont
15 Health Connect and about the effect that that will
16 have on the rates, and that we're recommending a
17 relatively small adjustment to the rates based on
18 that disagreement.

19 Second, we contend that Blue Cross Blue
20 Shield has overstated the level of contribution to
21 reserves it needs and that the requested CTR of 2
22 percent should be reduced, and we will be offering
23 evidence from our actuary who reviewed the filing,
24 Donna Novak, about these two issues.

25 So, in summary, we're asking the Board

1 to reduce the proposed rate in order to achieve rates
2 that are as reasonable and as affordable as possible
3 in the Health Care Exchange.

4 MS. HENKIN: Thank you. Jackie, you can
5 call your witness.

6 MS. HUGHES: Thank you. I will call
7 Ruth Greene.

8 RUTH GREENE,

9 Having been duly sworn, testified
10 as follows:

11 DIRECT EXAMINATION

12 BY MS. HUGHES:

13 Q. Can you state your full name for the record?

14 A. My name is Ruth K. Greene.

15 Q. And where do you work?

16 A. I work at Blue Cross Blue Shield of Vermont.

17 Q. And is your CV included in exhibit 17?

18 A. Yes, it is.

19 Q. And could you briefly describe your
20 professional background and experience for the Board?

21 A. Sure. My most recent experience is coming up
22 on three years with Blue Cross Blue Shield of Vermont.
23 Returned to Vermont after living in Maine for 25 years
24 working in the employee benefits industry. I held several
25 financial management positions for a company called Unum.

1 They do group disability and group life insurance, and my
2 25 plus years with them included an assignment overseas in
3 the UK managing the financial aspects of their subsidiary
4 over there, and I did many rate reviews and rate product
5 introductions in that market.

6 Going way back I am a graduate of the
7 University of Vermont and born and brought up in Vermont,
8 and feel in my current role at Blue Cross Blue Shield of
9 Vermont I oversee all aspects of financial management of
10 the company. I'm CFO and Treasurer, and that would
11 include the development of the rate filings for all of our
12 businesses.

13 Q. Can you describe Blue Cross's purpose and
14 philosophy in developing the rate filing that is before
15 the Board?

16 A. As Jackie mentioned, Blue Cross Blue Shield of
17 Vermont really is very much focused on our best estimate
18 of the claims that will be incurred in 2016 that our
19 premiums will have to cover. We look at the claims and
20 the expenses required to administer the products and the
21 claims payments and the contracting, et cetera, and we do
22 our best to make sure that the rate that's driven by those
23 numbers is not too high and not too low. We really are
24 going for consistency and stability on the exchange, and
25 the vast majority of the premium rate is made up of

1 claims. So we spend a lot of time putting into rate
2 development the assumptions around that, and Paul will get
3 into the details of that later.

4 We also very much include a contribution to
5 reserve that is intended to just sustain the member
6 reserves to protect the members in the case of any adverse
7 events. We do promise to pay claims no matter what, and
8 those reserves are serving the purpose of protecting all
9 of the Vermonters that we're covering on the exchange
10 through qualified health plans which Lila mentioned was
11 predicted to be a little bit over 70,000 members in 2016.

12 Q. And can you briefly describe the components
13 that are in the rate filing?

14 A. Sure. Paul will go into some detail later,
15 but the vast majority of the premium, as I mentioned, is
16 claims experience. 91 percent in our estimate for 2016
17 rates is for claims. We do have a small 6.3 percent
18 administrative charge to administer all of the plans in
19 the qualified health plans, and the CTR is the other
20 piece, but the vast majority of the premium and the
21 premium rate is driven by the claims assumption, and it's
22 the medical cost and pharmacy cost that will drive that
23 over time fundamentally.

24 MS. HENKIN: Can I ask you to speak up a
25 little so people can hear you in the back? Speak

1 into the mike a little more. Thank you.

2 BY MS. HUGHES:

3 Q. So with the request of 7.2 percent can you
4 describe how much of that is driven by health care costs?

5 A. We find in our assumptions for 2016 that the
6 medical trend, including the pharmacy trend, is really by
7 far and away the biggest driver of our rate increase.
8 With the agreed upon rate increase of 7.2 percent that is
9 mentioned in the opening statements, the medical trend
10 driving that is actually higher than 7.2. 7.5. So the
11 2015 rates moving into 2016, in order to keep pace with
12 just medical cost price increases and pharmacy price
13 increases, requires 7.5 percent. So all of the other
14 assumptions changing year over year, really there's
15 several ins and outs, again, that Paul will go through in
16 some detail, but the biggest driver is the medical cost
17 trend.

18 Q. And is that trend within Blue Cross's control?

19 A. I think, as we've talked in previous hearings,
20 we do our best through negotiations and contracting and
21 payment reform to impact the medical trend, but we really
22 have no direct control over that. We -- of course the
23 hospital budgets the Green Mountain Care Board will be
24 looking at later this year very much drive the fundamental
25 components of that, in addition to the pharmacy trend.

1 With respect to the pharmacy trend we're
2 seeing specialty drugs drive our costs, our members' costs
3 up, and we were able to include in this year's rate filing
4 for 2016 an improvement in our pharmacy cost because we
5 renegotiated through an RFP our three-year contract with
6 the pharmacy benefit manager. So we were able to build
7 that improvement in those trend increases into our rates,
8 and we do pass a hundred percent of all of our pharmacy
9 discounts and rebates back to all of our customers.
10 That's somewhat unusual in the industry, but we would pass
11 all that through a hundred percent.

12 So those are the kinds of things that we do to
13 try and influence the medical trend. We also work with
14 providers in the various work groups in the industry to
15 figure out ways to improve the quality and cost of care.

16 Q. And can you address why it's important that
17 Blue Cross remain a strong financial company?

18 A. As I mentioned in the earlier part of my
19 testimony, the agreement that Blue Cross Blue Shield of
20 Vermont makes when we cover someone for insurance is that
21 we'll pay their claims no matter what. So we do make very
22 good estimates to what the claims cost will be for a large
23 population such as the population in the qualified health
24 plans, but there will be situations and things that we
25 can't foresee and can't predict, and the business that

1 we're in is a risk business, and therefore we require
2 those reserves, the member reserves, and those reserves
3 need to be of the level that are deemed appropriate by our
4 financial regulator to protect in all of those cases.

5 Q. And how would you characterize Blue Cross's
6 financial position?

7 A. Our financial position right now is we've had
8 -- over the last four or five years we've had some years
9 where we've charged enough premiums to cover the claims
10 and other years we haven't charged enough premiums to
11 cover the claims. So over the accumulated five-year
12 period we've been short a little bit, but I would say
13 that's a good indication that we've done our best to
14 estimate the claims.

15 Our surplus and member reserves is hovering
16 sometimes modestly above and sometimes below the midpoint
17 of the target range that we manage to as a way to make
18 sure that we're not building up too much surplus, but also
19 having enough there to protect the members in the case of
20 those unforeseen events.

21 Q. And are you familiar with the standards for
22 rate approval?

23 A. I am.

24 Q. And how does Blue Cross manage its rate filing
25 to achieve those standards?

1 A. I guess I would start by just sharing that the
2 standards for rate approval that the Board has to adhere
3 to, a couple of the excerpts is affordable, promotes
4 quality care, promotes access to health care, and protects
5 insurer's solvency; is not unjust, unfair, inequitable,
6 misleading, or contrary to the laws of the state.

7 The pieces of that criteria are very aligned
8 with Blue Cross Blue Shield of Vermont's stated vision.
9 We have a stated vision at the company that speaks to our
10 vision as far as transformed health care system where
11 every Vermonter has health care coverage and receives
12 timely effective and affordable care. So we really go
13 about everything we do at the company, including rate
14 filing development, with that in mind.

15 Q. So breaking down some of those pieces how does
16 Blue Cross promote quality care for its members?

17 A. Some of the things that we do to promote
18 quality are very direct -- directly in the quality arena.
19 We have programs, some of them are federally mandated and
20 others might be state mandated, where we're looking at
21 quality delivery and sort of subjecting ourselves to
22 certain audits, that the delivery of care is meeting
23 certain standards.

24 We also have other ways of promoting quality
25 in terms of the products that we put on the qualified

1 health plan exchange. We have a wide range of products
2 and they have very comprehensive health benefits in the
3 service and everything that we provide behind that,
4 including focus on preventative and wellness benefits.
5 It's very much a part of the quality picture.

6 Q. And does Blue Cross have any specific programs
7 that integrate health management?

8 A. We do. We are very focused on integrated
9 health management, whether it's looking across the care of
10 our members from the pharmacy and drug provision to the
11 medical care to whether it's mental health care needs. We
12 really are very much brought into and promote an
13 integrated whole person view of care management, and we
14 find that works out best from the quality point of view as
15 well as affordability and safety for our members.

16 Q. And so are there any specific programs that
17 are available to members?

18 A. Yes. A couple of examples would be one that
19 people probably are aware of is we have a Better
20 Beginnings program which works with expecting mothers and
21 works them -- right with them right through the process of
22 having their baby and then works with them after they have
23 had their baby to make sure they are both -- they and
24 their baby are healthy, and we measure the results of that
25 against the national standards.

1 Q. And can you address access? How does Blue
2 Cross promote access to health care for its members?

3 A. Access is, again, something that we go into
4 our rate and product design for the qualified health plans
5 very much assuming that we're going to offer the full
6 complete Blue Cross Blue Shield of Vermont network. We
7 don't have any limitations there. That network includes a
8 national presence through our Blue Card feature where
9 people, Vermonters, when they are traveling nationally
10 they would have access through that network to 72 percent
11 of doctors nationwide and 76 percent of hospitals
12 nationwide, and that Blue Card network also has a very
13 comprehensive international capability as well. So the
14 access really through that network is second to none.

15 We also -- again I mentioned the full range of
16 products. So depending on members' needs they can select
17 from a wide range of products; and, lastly, I guess I'll
18 mention somewhat unique I hope to the recent circumstances
19 is we've been adamant to see our members through as the
20 Vermont Health Connect Exchange rollout has been
21 difficult, and so to the extent that we've been able to
22 work with the state to make sure that there's no gaps in
23 care and there's been continuation of coverage when
24 someone's eligibility is sort of in question we've been
25 very proactive in making sure that we see our members

1 through those difficult situations.

2 Q. And how does Blue Cross ensure affordability
3 of products?

4 A. Affordability is the hard one to -- I'll call
5 it the hardest nut to crack because the State of Vermont
6 has very high standards when it comes to health care
7 products. The essential health benefits which underpin
8 the qualified health plans on the exchange are determined
9 by the state, and so there really is a very high bar when
10 it comes to providing health care. The good news is that
11 it's very comprehensive and covers a lot of services. The
12 difficult news is that that comes with a price tag, and so
13 what we do is work very hard to provide care management
14 for our members so that we don't have unnecessary medical
15 costs being incurred. We work with the providers on
16 payment programs to ensure that quality and costs are
17 managed.

18 I mentioned earlier the pharmacy benefit
19 contract. We were able to renegotiate that and bring
20 those costs down. So we're chipping away at
21 affordability. We also take very seriously at Blue Cross
22 Blue Shield of Vermont the need for us to constantly
23 improve our cost structure and reduce administrative costs
24 where possible to make sure that that is contributing as
25 best it can to the affordability of our premium rates.

1 So, you know, I read most of the public
2 comments that I had I think it was as of Monday or Tuesday
3 and I'll read all of them, but I can certainly acknowledge
4 the frustrations around the high cost of health care and
5 it is something that we take very seriously.

6 Q. And affordability, are there other factors
7 that you need to also consider including affordability?

8 A. Sorry. Could you say that again?

9 Q. So is affordability the only factor that you
10 have to balance when putting together a rate filing?

11 A. No. I think that's what I meant in my
12 statement about the context for affordability is very much
13 in the sense of the quality and access, and all of those
14 things pulled together, you know, you can't push any one
15 of them to an extreme because you lose something on the
16 other dimension. So it's very much an important thing for
17 us to balance all of those things and get the right
18 estimate of what we think the rates will be.

19 Q. And so in this filing in particular did you
20 strike that balance in your opinion?

21 A. In my opinion I believe that we -- this rate
22 filing is our best estimate of what we think the claims
23 will be, including the medical expenses as well as our own
24 administrative expenses to support that and the
25 appropriate contribution to member reserves to sustain

1 those levels to the level deemed appropriate by our
2 financial regulator, and I do think as in previous years
3 we've worked as best we could to make sure that there's no
4 implicit margins or anything in the rates. It's our best
5 estimate of what we think the claims and expenses will be.

6 MS. HUGHES: Thank you.

7 MS. HENKIN: Lila, do you have any
8 questions?

9 CROSS EXAMINATION

10 BY MS. RICHARDSON:

11 Q. I have a few brief questions. When you
12 testified about the financial strength of Blue Cross and
13 solvency concerns you referred to a target range that you
14 manage to, and could you explain what that target range
15 is?

16 MS. HUGHES: I'm going to interject
17 here. We've actually been cautioned by the
18 Department that even the target range may not be
19 appropriate for public discussion, and I know there's
20 a representative of the Department in the room and
21 I'm just throwing that out there that we've been
22 cautioned, and Ruth works for Blue Cross and I do not
23 want any repercussions as a result of answering the
24 question in this hearing.

25 MS. HENKIN: And I do understand that

1 she cannot disclose the base capital around the RBC
2 per statute. I believe the discussion -- I believe
3 the discussion of a range is not an issue, and I
4 don't know if the Department wants to address that.
5 Ryan Chieffo is here.

6 MR. CHIEFFO: Is now the appropriate
7 time to address that?

8 MS. HENKIN: Well we can kind of get
9 this one out of the way. I did anticipate there
10 would be some discussion about this issue, but I did
11 not realize that it would extend to discussion of
12 what projected range would be or an appropriate
13 range.

14 MR. CHIEFFO: I would say I think from
15 past hearings and just in past documents I do think
16 most people here understand that there is a range and
17 potentially even what that range is. I would
18 appreciate -- the Department would appreciate if we
19 kept it very high level. We don't want to drill down
20 into numbers whether it be specific actual levels
21 that the company was at in any given financial
22 statement or where it is currently, but addressing
23 the range generally we don't have an issue with.

24 MS. HENKIN: Thank you.

25 MS. RICHARDSON: That was my intent with

1 the question to avoid any specific mention of risk
2 based capital amounts for Blue Cross for any
3 particular year, but you testified that there was a
4 target range. If you could just identify what that
5 is?

6 MS. HENKIN: And you need to speak up a
7 little too. Thank you.

8 CHAIRMAN GOBEILLE: Just move it closer.

9 MS. HUGHES: And just to be clear are
10 you asking for numbers?

11 MS. RICHARDSON: Yes. Number of target
12 range. Not any specific calculation.

13 MS. HENKIN: Or what the experience is.
14 I think the target range I will allow that. I will
15 allow that.

16 MS. HUGHES: Okay, and I'm not sure that
17 that is exactly what Mr. Chieffo said.

18 MR. CHIEFFO: Is it necessary to talk
19 about upper and lower bounds of a range without
20 numbers within the range? Is there a context for
21 that? I'll defer to the Hearing Officer. You know I
22 think the most important thing is that we don't
23 discuss the actual levels. I don't know how much
24 value it provides to talk about a range if we're not
25 going to discuss what's within a range.

1 MS. HENKIN: And I'll allow this to
2 continue at this level. I think this is a high
3 enough level and it's not actual experience, and I
4 think that we can start with this and if there's an
5 objection as we get a little further down this path,
6 I will address it then.

7 MR. CHIEFFO: Thank you.

8 MS. RICHARDSON: I just have a question.
9 Would it be appropriate to identify just how the
10 range is set?

11 MS. HENKIN: I'll let the HCA ask her
12 questions and move this along, and we'll keep the
13 discussion very general as we said. Mr. Hogan.

14 MR. HOGAN: Even more fundamental could
15 somebody identify the statute or the reason why we
16 can't discuss this?

17 MS. HENKIN: We could do that, but I
18 think we'll hold that off until there's an objection
19 on this, and if you have questions about it, we can
20 get a little more deep into what is prohibited by
21 statute, but I think this hasn't reached that level
22 and I'll allow this to go, and if it does, we'll
23 address it at that point. You may continue, Lila.

24 BY MS. RICHARDSON:

25 Q. Do you remember the question?

1 A. I was going to say could I be so bold as to
2 ask you to repeat the question.

3 Q. Yes. Without giving any specific number
4 relative to Blue Cross Blue Shield's risk based capital
5 can you identify what the target range you testified to
6 is?

7 A. The target range, and I think it would be
8 helpful to make a comment about how it's developed, the
9 target range is identified as such because at Blue Cross
10 Blue Shield of Vermont we have a very rigorous enterprise
11 risk management program, and so when our senior leaders
12 and managers are looking at things that the company is
13 facing in terms of challenges or even day-to-day
14 operations we test against the risk management criteria,
15 whether or not something could threaten the company's
16 financial strength in some way.

17 So we developed a target, surplus or member
18 reserve level, because we wanted to be able to test if we
19 thought something was going to threaten that in some way
20 and measure it. So the target range begins -- the bottom
21 end of the target range begins with what's required both
22 from the NEIC's point of view as well as the Blue Cross
23 Blue Shield Association in order to maintain the brand and
24 the Blue Card network and the membership, if you will, in
25 that very valuable organization. There's a minimum, and

1 then we do sensitivity testing on what other adverse
2 events could bring in terms of epidemics or if medical
3 trend suddenly shot up or whatever, and so we do those
4 sensitivity tests, and then that combined with the
5 regulator and the Blue Brand requirements builds the
6 bottom end of our range, and then the top end of the range
7 is determined based on what we believe would be a
8 collection of events that could happen over time, and
9 recognizing that member reserves takes a number of years
10 to accumulate, if we were to have an event that brought
11 our member reserves down, we would need to be able to take
12 time to build that back up over time. So the upper end of
13 the range is determined in such a way that we believe it's
14 protecting member reserves in several scenarios.

15 I guess you did say I could say what the range
16 is. So the range that we currently manage to is 500
17 percent to 700 percent of our control level risk surplus.

18 Q. And when you use the term control level risk
19 surplus is that another term for risk based capital?

20 A. Yeah. The risk based capital denominator, if
21 you will, of that 500 percent to 700 percent is a risk
22 measure that's determined through the statutory
23 regulations.

24 Q. And you mentioned in your description of how
25 you arrived at the target range there are some standards

1 that the Blue Cross Association promotes. Is that an
2 accurate --

3 A. Yes. There's a certain level. Both the NEIC,
4 and I don't happen to have these with me, but the NEIC and
5 the Association have certain levels where if a company
6 were to go below a certain level, they will come in and
7 institute much more rigorous monitoring and control of the
8 company. So we believe our target range is in a place
9 where it's good protection and efficient.

10 Q. So you would meet those standards as well as
11 any --

12 A. Yes.

13 Q. -- anything that would cause any regulatory
14 issues for you?

15 A. Right.

16 MS. RICHARDSON: Thank you. I have no
17 further questions.

18 MS. HENKIN: I'll open it up to the
19 Board. Mr. Hogan, do you have a question?

20 MR. HOGAN: I'm sure you will reign me
21 in on this. Isn't it true that the elements of risk
22 based capital are published in your balance sheets
23 each year?

24 MS. GREENE: Yes. That is true.

25 MR. HOGAN: So I really would like to

1 understand what the limitation is here. I don't
2 understand the limitation and I see Judy pulling out
3 a law book, but I want to know more about this.

4 MS. HENKIN: Would you like to answer?
5 Would you like to go ahead and tell him about it?

6 MS. GREENE: I can't quote the exact law
7 and chapter, but maybe you could, but it is I'm told
8 --

9 MS. HENKIN: It is a statute and it's
10 been pointed out to us at other occasions by Blue
11 Cross at other hearings, and it's Section 8308 and I
12 have reviewed it for this hearing again, and
13 specifically at this point I believe it's applicable
14 that the company itself can -- and their employees
15 pretty much cannot disclose the capital risk based
16 reports that's not required to be set forth in a
17 publicly available annual statement.

18 I believe there's limits on it, Con, so
19 I don't want to go into it too deeply. I don't think
20 there's an objection at this time. So you asked a
21 question that she could answer, and there is a
22 prohibition on some of this but not all of it.

23 MR. HOGAN: Well I think it's an
24 important question, and I'm just looking to see what
25 the limits are here under law, particularly in the

1 case where these numbers -- the elements of these
2 numbers are published in the balance sheets.

3 MS. HENKIN: Attorney Donofrio will
4 respond.

5 MR. DONOFRIO: Without getting into a
6 discussion about the intent of the law, the
7 underlying rationale for the law, the law does
8 specifically state that an insurer cannot place
9 before the public directly or indirectly in any
10 manner the risk based capital levels of the insurer.

11 MR. HOGAN: Even though they have
12 already done that in the publishing of their balance
13 sheets?

14 MR. DONOFRIO: I'm not saying that there
15 isn't some tension between what the law says and what
16 the reality of the balance sheet is. I'm just
17 telling you what the law says, and so the law puts
18 the insurer in an uncomfortable position of having
19 put the raw materials for calculating the RBC levels
20 in the publicly available document, but then the law
21 tells the insurer they can't directly or indirectly
22 make it available to -- the actual level available to
23 the public.

24 MR. HOGAN: Does that same control apply
25 to us as a Board?

1 MR. DONOFRIO: No.

2 MR. HOGAN: So we can discuss it as a
3 Board?

4 MS. HENKIN: I'm not sure what the
5 purpose would be here because we're not testifying,
6 Con. I think if we're going to ask questions of this
7 witness, we'll have to cross that bridge if there's
8 an objection to what's asked, but there are some
9 limitations on to what the company can testify to.
10 So I would at this time like to continue without
11 trying to get that from this witness.

12 MR. HOGAN: I understand that. I just
13 want to make my position clear --

14 MS. HENKIN: And the Chair also wants to
15 comment.

16 MR. HOGAN: -- that this is a very
17 important part of overall financial condition of the
18 insurance companies, not just Blue Cross, but MVP and
19 everybody else, and I think that it really does need
20 to be discussed publicly, and so I'll leave it at
21 that.

22 CHAIRMAN GOBEILLE: So, Con, what I
23 would say and what I would say to the people in the
24 room is that Vermonters don't like secrets and
25 whenever you say something can't be discussed that's

1 when everybody in Vermont immediately wants to know
2 what it is, and the point is the Board can discuss
3 it. The numbers are in front of us. We can have a
4 conversation about it. We have deliberative sessions
5 where this is part of the case, and we certainly can
6 use that.

7 The point that Mr. Donofrio's making is
8 that we cannot ask Blue Cross and have them answer us
9 because it says in the law that they can't do it. I
10 also think there's limits on what DFR can say in the
11 law. When the law was written they hadn't yet
12 thought of me and so -- and you. So we kind of fall
13 out of that, but I think in order to be fair to the
14 hearing we have to realize we have the information
15 and we can use it as we see fit.

16 MR. HOGAN: Okay. That's all I need to
17 know.

18 CHAIRMAN GOBEILLE: Fantastic.

19 MR. HOGAN: Thank you.

20 CHAIRMAN GOBEILLE: Thank you.

21 MS. RAMBUR: So I have a question and a
22 comment. First question. Since this issue of
23 contribution to reserves is so central to this
24 deliberation I think this is a fair question. So if
25 not, someone will stop me.

1 I'm just curious if the ranges as they
2 are determined nationally and locally reflect the
3 number of insured lives as well. I mean it seems
4 logical to me that if you had a very large insurance
5 pool you would have a different kind of range than a
6 smaller pool. So could you just address that?

7 MS. GREENE: I think broadly the volume
8 we call it of membership in our book of business
9 determines the denominator, the risk based capital,
10 and that's part of the formulas, and in fact if a
11 company grows a lot and brings on a lot of membership
12 suddenly, that would be sort of a demand on the
13 capital and pressure.

14 MS. RAMBUR: So more would widen or
15 potentially widen?

16 MS. GREENE: Well I think the amount
17 that you're targeting to hold would be bigger, but
18 the range of the ratio would be the same over time.

19 MS. RAMBUR: And then you've testified
20 that the bulk of the increase relates to medical
21 trend, so really reflective of utilization, and also
22 a 6.3 administrative charge, and as I'm recalling
23 data from around the world they often talk about 15
24 percent administrative charge, and from my experience
25 as a former administrator at UVM our educational

1 overhead is 12 percent and social service projects 23
2 percent.

3 So I would just -- this appears to be a
4 very commendable administrative rate, and I'm
5 wondering is there a national average or benchmark
6 because at least from some of the things I've seen
7 this looks very commendable, and also I don't know
8 what the admin rate is in public programs. I have
9 been trying to find that and it was not possible for
10 me to unravel that. So could you just comment on
11 what you see in peers?

12 MS. GREENE: Sure. Well first thank you
13 for drawing that out. I do like to brag about it
14 sometimes, but this isn't the forum necessarily to do
15 that.

16 The national numbers that we see are
17 usually double digits. Our Blue Cross Blue Shield of
18 Vermont over the last few years has really focused
19 both on being efficient in reducing administrative
20 costs, but also our growth in our membership has
21 helped us, and so we do recognize that there's a
22 certain amount of value that you get from being able
23 to have that larger membership, but we have, just as
24 an example, we have a program in the company called
25 Blue Ideas where everyone in the company is asked to

1 submit ideas about how to improve operating
2 efficiency or how to improve a customer experience,
3 and those programs are just a continuous effort in
4 our company to maintain a competitive administrative
5 ratio.

6 MS. RAMBUR: Thank you.

7 MR. HOGAN: I have one more, couple
8 more, but we had testimony yesterday from another
9 company where it looks like their rates are going to
10 be only a fraction of yours. What will this do to
11 your enrollment as you move through the year?

12 MS. GREENE: Well we don't know for
13 sure. Nobody knows what will actually happen. We
14 know that the rate increase for all the carriers,
15 both carriers on the exchange, they will be very
16 competitive in the bronze plans. We do expect the
17 quality and the network breadth and the brand of the
18 Blue Brand to be meaningful to a number of people
19 renewing on the exchange and coming to the exchange,
20 and a lot of people, both small groups and
21 individuals, once they get to know an insurance
22 program or product they tend to stick with it because
23 they like it, they get to understand it, and so we
24 expect a fair amount of stickiness in our program due
25 to that.

1 So we're expecting that there would be
2 some impact, but not a significant one to the extent
3 that it would call into question the rate assumptions
4 that we've made.

5 MR. HOGAN: What are your calculations
6 in your rate filing?

7 MS. GREENE: Calculations with respect
8 to membership?

9 MR. HOGAN: That's right.

10 MS. GREENE: I don't have that here. We
11 can probably ask Paul to comment on that when he
12 testifies, but we do assume that there's some growth
13 coming in obviously from the 51 to 100 small groups
14 coming into the plan, and we do expect a relatively
15 high rate of retention or renewing members, and we
16 look at the experience from 2014 to 2015. We look at
17 who's coming and going and we kind of project forward
18 based on that and we incorporate a little bit of the
19 rate competitiveness, but we don't have that
20 information when we do those calculations. So, you
21 know, there's no explicit assumption in those
22 membership calculations because we build the rate
23 based on our best estimate without the knowledge of
24 what other carriers --

25 MR. HOGAN: You could be surprised?

1 MS. GREENE: We could be. It could
2 happen.

3 MR. HOGAN: Thank you.

4 MS. HENKIN: Dr. Ramsay, do you have any
5 questions?

6 DR. RAMSAY: Yes. Thank you, Ms.
7 Greene, for your presentation again, and I want to
8 move to the pharmacy trend, and this is -- this is
9 basically to get a -- one of my comments to my
10 colleagues on the record because when we talk about
11 pharmacy trend we know there's the brand, generic,
12 and the specialty drugs, and you know for what we --
13 and there are a number of widely prescribed brand
14 drugs that have converted over to generic.

15 So would you agree that the more my
16 colleagues and I can do to increase our generic
17 prescribing ratio the lower we can keep your overall
18 pharmacy trend? You and Paul would agree to that?
19 Okay. I just want to have that on the record.

20 MS. GREENE: I agree and Paul can say
21 what he thinks when he's up here.

22 DR. RAMSAY: We are trying. We are
23 trying, but that message has got to be out there.

24 The second thing is about your
25 discussion of quality improvement issues and the fact

1 that we have had a lot of public comments about this
2 rate filing, but I will just say that as a family
3 doctor I get public comments throughout the year
4 about the interaction between a payer and a
5 physician, my colleagues. Do you have any -- and we
6 talk a lot about the patient experience here and
7 that's really the ultimate goal.

8 Do you have any initiatives that would
9 recognize or that would address that clinician or
10 provider experience of care with Blue Cross Blue
11 Shield? That to me -- I mean that's -- I have to
12 advocate for my colleagues, and I do hear comments
13 about this. So just explain to me if that is a model
14 that you have in place.

15 MS. GREENE: Sure. We have a number of
16 different types of programs. As you mentioned a lot
17 of them are focused on patient experience and member
18 safety, et cetera, but whenever we're working on a
19 program our provider folks will reach out to the
20 providers and seek input, and I know that we're
21 involved in a number of pilot programs to figure out
22 what would be the best balance between monitoring
23 versus measuring results and not monitoring upfront,
24 and so there's a number of ways that we work with
25 providers. We're always open to working with

1 providers to get things to be most efficient from
2 everyone's perspective. If there was a standard
3 protocol that all providers were going to follow and
4 it was the best way to ensure that we have the right
5 care and avoid unnecessary care, then we would be all
6 for it. We don't feel obligated to do that work.
7 The providers are more than capable of doing that
8 work.

9 I think sometimes what we see is there's
10 inconsistencies across a range of situations, and so
11 even the programs, the federally qualified health
12 plan, or, sorry, the qualified health plans and some
13 of the programs through the ACA require certain
14 standards to be met, and so we have to do those, but
15 outside of that we would be, you know, open to
16 working with providers on whatever is the right
17 solution.

18 DR. RAMSAY: You know certainly in terms
19 of full disclosure I don't hear the good things.
20 That's always going to be the case. Okay.

21 You mentioned about your Blue Cross Blue
22 Shield's efforts around payment reform that could
23 affect the medical trend. That 7.4 percent. I want
24 to get back to that medical trend, and I don't think
25 that you could find an economist or health policy

1 person or someone who works in a fully integrated
2 health care system like Geisinger or Intermountain
3 Health that don't agree the more investment you put
4 in primary care the lower you're going to keep your
5 medical trend.

6 Tell me about the strategy that Blue
7 Cross Blue Shield has for continuing meaningful
8 targeted investment in primary care to keep that
9 medical trend lower whether it's the utilization or
10 severity. However you want to define it. Tell me
11 what the strategy is besides the Blueprint because as
12 you know there has not been meaningful reinvestment
13 or increased investment in Blueprint practices until
14 this year as mandated by the Legislature since 2008.
15 So what's the strategy?

16 MS. GREENE: Well I can speak very high
17 level to that, and obviously I do think that some of
18 our folks have been in to the Green Mountain Care
19 Board to talk more specifically about the contracting
20 ideas that our prior contracting folks have to get
21 the primary care physicians to be rewarded for
22 certain outcomes and optimize, if you will, the
23 balance of care between the primary and then waiting
24 for a later acute situation to happen.

25 So our strategy is very much to include

1 the primary care physicians in the integrated care
2 management protocols and strategies and it is a key,
3 key piece of health care reform.

4 DR. RAMSAY: You know I mentioned also
5 yesterday, and I know some members were here, about
6 how this is -- this is the third time the Board has
7 reviewed the rates and each year things change. Now
8 we have -- compared to the first year we did this we
9 have a more mature Blueprint program which -- in
10 which my colleagues have been very accountable to
11 achieving NCQA certification, most at level 3. NCQA
12 the same organization that develops hedis, the
13 quality indicators that you use to market your
14 products. So that's more mature.

15 Blue Cross has been actively involved in
16 using a shared savings payment model for its
17 qualified health plans. That is maturing. We have
18 had testimony from, again back to the Blueprint,
19 about savings achieved specifically because of the
20 patient centered medical model, including the
21 community health team and care management programs
22 validated by Medicare doing their own independent
23 review, but also showing savings accrued by the
24 commercial insurers.

25 So all that being said, will we see in

1 future rate filings specific line items around the
2 savings? Let's say a shared savings program does
3 achieve savings. We won't know about the commercial
4 for another month or so. Will we see that reflected
5 in rates for the future? Those savings have to go
6 back to the consumer. They cannot be just allocated
7 to new administrative burdens, new care -- new
8 duplicative services around utilization control. We
9 can't do that. So will we see that?

10 MS. GREENE: So the way that would work
11 is to the extent that all those programs and others
12 that you and I haven't mentioned, all those programs
13 will change over time what the claims that are
14 incurred by the folks that we insure, and to the
15 extent that that amount of claims incur changes and
16 we'll see that in the experience. So, for example,
17 in the experience that we've used for the 2016 rate
18 filing any improvement or opportunities that have
19 been put in place in 2013 and 2014 those are embedded
20 in that claims experience, and I just didn't mention
21 this in the other part of my testimony, but the
22 commercial rate increase is also -- medical trend is
23 impacted by the cost shift as well. So as much as we
24 all work really hard to save the overall medical
25 cost, to the extent that the hospital budgets have to

1 be balanced, and the commercial rates is where that
2 comes from, sometimes you don't see it come through
3 to us because it's kind of in the mix of the overall
4 hospital budgets. Hopefully that helps -- helps
5 answer that question.

6 DR. RAMSAY: You know the reason I -- I
7 don't keep focusing on this primary care issue
8 because I'm -- just because I'm a family doctor, but
9 you know I see your 2 percent utilization trend.
10 Your utilization trends literally don't match
11 national figures. We see that in testimony here, and
12 your argument is that the utilization trend for Blue
13 Cross Blue Shield's book of business in this product
14 line is due to an intensity rather than volume,
15 whereas, most national utilization trends depend on
16 number of visits and I understand that. Okay.

17 So if the utilization trend is really
18 dependent on intensity and the intensity of the
19 services we're providing in this state are not
20 targeted, are not addressed, moved towards primary
21 care, we won't keep that medical trend down. That's
22 a fact.

23 MS. GREENE: That will happen. I'll ask
24 Paul to make a note to speak a little bit more about
25 the utilization trend. The utilization trend for

1 this block of business, subject to Paul's
2 clarification, is somewhat unique because the claims
3 that we were using to estimate 2016 rates is based on
4 2014. 2014 was kind of a start-up year. We had
5 three months of a lot of people extending and people
6 coming into new plans that they didn't know. So we
7 had to do some special analysis to just look at
8 people who had kind of continued through that.

9 So I agree with your comments that
10 utilization trend really is something that we have to
11 have under control, but I do think that that
12 particular utilization trend in this filing is
13 somewhat unique given the base that we started from
14 in 2014.

15 DR. RAMSAY: When we hear from your
16 actuary we'll talk a little bit more about that.

17 The last thing is just a very specific
18 question that if you have your book, if you go to
19 section 3 --

20 MS. HENKIN: Exhibit 3.

21 DR. RAMSAY: Exhibit 3, and it's listed
22 on page 183, and you know I meant to ask this around
23 the -- down to number 4 I just happened to notice
24 that around these allowed claims .18 percent of the
25 allowed claims, which is \$666,000, have been excluded

1 from the chart since they were associated with a
2 member that was retroactively cancelled. I know
3 there must be some explanation for that, but whenever
4 I see that, when I have a patient that has incurred a
5 whole bunch of claims and then I find out that they
6 have been retroactively cancelled I kind of need to
7 know what that means.

8 MS. GREENE: And again I might defer the
9 technical question over to Paul, but again the 2014
10 coverage year presented a number of challenges as we
11 sorted through what was true experience.

12 DR. RAMSAY: I understand it was a
13 transition, but I just need to be reassured. All
14 right. That's all I have.

15 MS. RAMBUR: I have one more quick
16 question before we go on. Dr. Ramsay posited an
17 opinion about generic drugs and prescribing and you
18 concurred, and so I would like to ask -- make a
19 parallel comment and see if you concur. If patients
20 who are consumers also demanded the use of generic
21 drugs when appropriate, would that also decrease the
22 pharmacy trend?

23 MS. GREENE: Patients demanding it as
24 opposed to physicians?

25 MS. RAMBUR: Being part of the

1 conversation. So I guess I'm saying -- Dr. Ramsay is
2 saying we as prescribers, I'm formerly a
3 practitioner, we have some control of this, but as a
4 consumer I also have the opportunity to say is there
5 a generic that would be equally appropriate.

6 MS. GREENE: Yes. I'm sort of putting
7 them both in the same bucket, but yes.

8 MS. RAMBUR: And that would impact the
9 pharmacy trend as well potentially?

10 MS. GREENE: Using more generic as we
11 currently use because we have seen the generic
12 percentage increase.

13 DR. RAMSAY: But it's leveled off.

14 MS. GREENE: It's leveled off and you
15 reach a little bit of a diminishing return, but the
16 more generics beyond what we've assumed, yes.

17 MS. RAMBUR: I think it's a shared
18 responsibility.

19 MS. HENKIN: Chair Gobeille.

20 CHAIRMAN GOBEILLE: Thank you. So the
21 first thing I would like to do is make a comment. I
22 think that over the last couple of years we've done
23 everything we could to make it pretty hard to sell
24 insurance in a lot of ways, and you and MVP, and I
25 didn't say this yesterday and I apologize, have

1 fought through that, and there's a lot in this book
2 that reflects that if you really look at the numbers
3 of the challenges, and I just would say that the
4 frank conversations that I have had with your CEO Don
5 George over the months and over the last couple years
6 dealing with setbacks and problems and things that
7 you have run into have always been frank and
8 courteous, and I appreciate that and you should pass
9 that on. If he happened to be here, for example,
10 that would be great.

11 So good work to both insurance companies
12 because the implementation of the Affordable Care Act
13 has been tough and we know that. Unfortunately tough
14 translates in business terms into the word cost, and
15 so if we could go to exhibit 5 page 190 number 1,
16 when we first started doing rate review I asked Don
17 and a couple other people from Blue Cross what's your
18 batting average on your actuary. You know if your
19 actuary says it's going to be 102 feet, a year later
20 to go back and see was it 102 feet or were they
21 wrong, and at the time everyone kind of stared at me
22 like no one had ever asked if economic weathermen are
23 ever rated on their accuracy or weather women because
24 we haven't run into the male actuary version yet
25 unless Dave is on the phone still.

1 So the point being that I like to know
2 how well we do not just in setting a rate to the
3 future, but how well we did and how close we got
4 because it's the job of the three parties here to get
5 to the right number as Jackie so eloquently said. So
6 when I look at the chart here on number one, and I
7 look at 2014 and perhaps this, you know, some of this
8 includes -- this is individual small groups and '14
9 was the first year of the Affordable Care Act.
10 That's why I use it. You came out within a half
11 percent. You were negative half a percent to what
12 would have been dead on minus the contribution to
13 reserve.

14 Is that sort of a whimsical way to look
15 at that?

16 MS. GREENE: I'm not sure what you mean
17 dead on.

18 CHAIRMAN GOBEILLE: If you wanted to get
19 the price right, you would come out at zero.

20 MS. GREENE: Well --

21 CHAIRMAN GOBEILLE: Meaning you took in
22 the right amount of money to pay your payroll, pay
23 your medical claims, pay your pharmaceutical claims.
24 At the end you have no money left over for anything
25 else other than a little bit for reserves if we said

1 you could do that.

2 MS. GREENE: Right, and so the little
3 bit for reserves --

4 CHAIRMAN GOBEILLE: Didn't happen.

5 MS. GREENE: It didn't happen.

6 CHAIRMAN GOBEILLE: So my question is
7 was that due to our team's -- all three parties here
8 not getting the number right or was that due to
9 additional cost due to the implementation due to the
10 Vermont Health Connect and the Affordable Care Act?

11 MS. GREENE: It's any number of reasons.
12 Claims, again, I can't emphasize enough that the job
13 the actuaries -- what they think 2016 is going to be
14 and then when 2016 gets here claims will be
15 different, costs will be different. It will all be.
16 So all those things washed out together to be an
17 actual result that was about a point different than
18 the expected in 2014, which is not bad.

19 CHAIRMAN GOBEILLE: Well it was in the
20 right direction.

21 MS. GREENE: And L&E on page 238 in
22 their opinion Section 14 calculated the average of
23 the four years shown there, and you know at any given
24 year you're going to be a little bit higher a little
25 bit lower, but over time the actual was minus 1.0

1 percent and the expected was minus 0.8 percent. So
2 it really is a long haul type game because in any
3 given year, especially with 2014 with the
4 implementation and the extension of old plans into
5 2014, I'm actually pretty surprised that it did come
6 so close.

7 CHAIRMAN GOBEILLE: That's my point as
8 well. I'm surprised that -- I'm encouraged by the
9 fact that it appears that this process is accurate.

10 MS. GREENE: Right. I would like it to
11 be a slight positive instead of a slight negative as
12 the CFO, but that's true.

13 CHAIRMAN GOBEILLE: Well that is also
14 our goal. So that is how we do your rate. So we're
15 off by a little bit. I think the HCA might say we
16 we're off in the consumers' direction maybe a little
17 bit on price, but that's pretty close. I mean for
18 government work, right?

19 MS. GREENE: I don't really want to
20 comment on the government work part.

21 CHAIRMAN GOBEILLE: But I think this is
22 an important point for people to understand because
23 they hear about rate increases and they wonder where
24 the money's going, and why are they a 2.4, 2.7, 2.8,
25 8.6, 7.2. All these numbers flowing around. What

1 I'm trying to find out is are we being accurate
2 through this process, and from the charts that I'm
3 seeing we're pretty close, and where we failed we
4 failed to the affordability side not to the --
5 meaning if it's a negative number, it was more
6 affordable than it should have been theoretically.

7 MS. GREENE: Yes. 2015 will help with
8 another data point.

9 CHAIRMAN GOBEILLE: So the next question
10 I have, and this is just kind of your opinion maybe,
11 there's quite a bit written on page 222 about the 51
12 to 100 group, and we've talked about it a little bit
13 this morning. This is the -- I feel like we're back
14 in 2014 all over again. We're -- neither insurer and
15 none of the parties really know what's really going
16 to happen with all these people, but you say in your
17 response that it could have a .5 percent downward
18 pressure on rates if everyone that could were to move
19 in.

20 Now I don't believe everyone will. I
21 know quite a few business owners that are choosing
22 otherwise. So I know it won't be a hundred percent,
23 but can you just talk a little bit about that today
24 because I think it's important for the public to hear
25 that and for everyone to understand what Blue Cross

1 thinks about this.

2 MS. GREENE: Sure, and I would also like
3 to also reserve the opportunity for Paul to comment
4 as well because I think it's important.

5 CHAIRMAN GOBEILLE: If you want to wait.

6 MS. GREENE: No. I'm always willing to
7 share my opinion. The 51 to 100 population of
8 employers, one of the things that I think people
9 forget is that there's currently a lot of employers
10 who are already self insured in that size group. So
11 it's not as if everyone's currently insured and they
12 are thinking they might have to be self insured to
13 quote unquote avoid the exchange, and we sort of know
14 through our sales and marketing and account
15 management folks that they are fielding almost every
16 client who has the premise of paying more on the
17 qualified health plan than they are currently paying,
18 they are actively pursuing other options.

19 So you're absolutely right it's an
20 assumption. None of us are going to be exactly right
21 because history will tell us what that ends up being,
22 but we, in moving into the HCA program where the
23 small groups had coverage and they all had to make a
24 decision as to which plans or maybe they dropped
25 coverage, we feel as though that these, especially

1 the 51 to 100 groups that have broker advisors, are
2 very much going to do what's in their best interest
3 financially, and I acknowledge the points that were
4 made in the various back and forth and HCA opinion
5 that many small employers might be risk adverse and
6 not want to go there, but if they are faced with a
7 real increase to health care premiums versus
8 something that their broker can help them navigate,
9 it's very possible, and we've seen it happen already,
10 there are a lot of self insured smaller groups.

11 So that's why we chose the assumption
12 that we chose, and history will tell us what actually
13 happens.

14 CHAIRMAN GOBEILLE: Okay. And so my
15 next question I asked of MVP yesterday and I would
16 like your thoughts on it and perhaps Paul's thoughts
17 on how it impacts rates, and that is our hospital
18 budgeting process.

19 My take on it, I said yesterday, was
20 that we have three pieces that have to happen in a
21 regulated year. One is our work with Vermont Health
22 Connect, the qualified health plans and that work,
23 that informs your work, and then there's the hospital
24 budgets, and it appears to me that they are out of
25 sync, and so I've specifically been trying to figure

1 out how we could fix that easily, avoiding a
2 statutory change and possibly doing it through a rule
3 or something, but can you talk a little bit about how
4 important it is for you to know what the commercial
5 ask is -- that's what I call it. That's probably not
6 the technical term -- in the hospital budgets in
7 order to influence the design of your medical trend.

8 MS. GREENE: It's very important. I
9 mean we do, and forever we have had to make
10 assumptions about what we will achieve in terms of
11 contracts because it's not just the commercial ask
12 within the budget, but then by health plan and
13 carrier each hospital has to do a negotiation, et
14 cetera. So it's actually got a longer tail on it, I
15 think, than the actual budget decision.

16 So I commend your goal of trying to get
17 the sequence worked out, but it's very challenging,
18 but -- and Paul can comment on the specific numbers,
19 but when we filed our 2015 rates we made assumptions
20 and then of course the budgets were settled and then
21 the actual contracts were agreed, and they turned out
22 to be I think about a percent or so, a little bit
23 more than a percent higher than we expected, and that
24 does kind of carry into the following year's rate
25 filing.

1 So if we could figure out how to match
2 that up better that would be great, but I think it
3 would require a pretty significant change to the
4 timeline on the hospital side of things.

5 CHAIRMAN GOBEILLE: So I might be
6 hearing you wrong, but what I hear you saying is
7 that, for example, this year let's say the commercial
8 ask is 4.3. Now the Board hasn't even heard the
9 cases yet so I'm just throwing out a number. I would
10 have thought historically it was going to be a 5.5 to
11 a 6. A 4.3 to me is lower to me than I thought it
12 would have been which is good, but that's just a
13 budget. There's no reconciliation process, and so
14 what you're describing is if it is a 4.3, then how do
15 we reconcile that through you, the purchaser of
16 health services, so that that translates into an
17 accurate actual instead of it being budgeted and then
18 a 4.3 becomes a 5.3 in the example you use?

19 MS. GREENE: I mean we would be willing
20 to -- because we know our contracting folks do a lot
21 of analysis on the budget so they know if a budget
22 approval has a certain amount in it, that is much
23 better than not knowing what the commercial ask is.
24 Absolutely. I'm just saying that the 4.3 might not
25 end up being exactly 4.3 by the time it comes to our

1 particular relationship with that hospital, but
2 certainly knowing 4.3 versus I think in our rate
3 filing for 2016 we've based the hospital and provider
4 contract increases on last year's actual results. So
5 that's just our baseline. So if there's an
6 improvement on that, we would love to be able to
7 incorporate that assumption into our rate filing.

8 My other point was just more of a
9 logistics. It doesn't actually turn out to be
10 exactly the same in any event.

11 CHAIRMAN GOBEILLE: Well and I would
12 like to think that as we evolve we could reconcile
13 that, meaning if the hospitals say it's going to be a
14 4.3, there needs to be a reconciliation mechanism
15 once you have contracted that says they did what they
16 said, and we're at the end of our three years of
17 hospital budget guidance and so we've now got to come
18 up with what we want to do for next year, not the
19 year we're just in now, but for next summer's
20 hospital budget festival we've got to think that
21 through, and the Board has already talked about this
22 being, you know, sort of a new -- the new frontier of
23 not just NPR but commercial ask.

24 MS. GREENE: And we would be happy to
25 work with you on timing and what would make sense.

1 CHAIRMAN GOBEILLE: That would be
2 helpful. Thank you.

3 MS. HENKIN: Jessica, do you have any
4 questions?

5 MS. HOLMES: Well actually a lot of my
6 questions were answered from my colleagues here, but
7 I guess I'll just ask a big general question.

8 7 to 8 percent increase in premiums is
9 obviously not sustainable over the long haul. Health
10 care costs can't keep outpacing inflation and
11 economic growth, and I think about the levers we have
12 to use to sort of reduce premiums and make insurance
13 more affordable. I think about lowering
14 administrative costs, lower unit costs, and reducing
15 utilization. Utilization that's not cost effective
16 anyway.

17 So I'm wondering if you could just talk
18 a little bit maybe broadly about strategies that Blue
19 Cross Blue Shield is using to sort of tackle each of
20 those, and then in the sense what you feel most
21 optimistic about your ability to move the needle on
22 those and what you feel like, you know, less
23 optimistic keeps you up at night. Trying to project
24 forward, if you had a crystal ball, for next year are
25 we going to be seeing these same rate increases each

1 year or what can we be doing?

2 MS. GREENE: I'm an optimist by nature
3 so my optimistic view is through working with the
4 various provider communities, including Blueprint and
5 all of the players in health care system, to come up
6 with ways to pay for outcomes and to make sure, to
7 Dr. Ramsay's point, that preventative and wellness is
8 being funded as part of the equation and all of that
9 should improve both the utilization, the unit cost or
10 price increases.

11 I'm less optimistic about especially
12 with the pharmacy piece in there. We do what we can
13 on the pharmacy side, but it is a smaller piece of
14 the overall, but I do think that the looking at ways
15 and shared savings programs and payment reforms that
16 we have some bundled payment pilots that are going on
17 that say, you know, a certain type of set of
18 procedures should cost this much, and we measure both
19 the cost and quality and hold people to that so that
20 we can kind of focus on the highly frequent
21 procedures, et cetera. So it is kind of chipping
22 away at that over time.

23 As I said earlier in the testimony, we
24 don't have direct control over that, and it really is
25 down to good collaboration and partnership with the

1 provider community.

2 MS. HOLMES: The administrative costs
3 tend to be low and that's commended by my colleagues.
4 Are there other things that you're doing to sort of
5 lower those administrative costs even further?

6 MS. GREENE: Yeah, I think each year we
7 do a rigorous budget exercise. We're actually in the
8 middle of our budget exercise for next year, and we
9 are -- just as an example we are testing all of our
10 fixed costs and doing a zero based justification. So
11 we chip away at that each year and year out. The
12 vast majority of our costs, however, are people
13 costs, and you know the service and the quality work
14 that we do requires that we have expert people, well
15 trained people. So that will remain.

16 MS. HOLMES: Thank you.

17 MS. HENKIN: Nothing else? Con.

18 MR. HOGAN: Dr. Ramsay made a really
19 interesting statement on the tension between what
20 insurance companies do and what primary care is all
21 about. You used one example New Beginnings I think
22 -- Better Beginnings. Theoretically in your mind
23 where is that service best provided, either through
24 primary care or through the insurance companies?

25 MS. GREENE: I would say the primary

1 care definitely. I mean if the programs -- if the
2 community of Vermont health care providers, and I
3 mean in the broadest sense of health care providers
4 including community services and some of the other
5 services that can be brought to bear, if everyone was
6 sort of working together on a program that we know to
7 work because of the outcomes, there's no reason why
8 Blue Cross Blue Shield of Vermont has to spend money
9 on that.

10 MR. HOGAN: And that's kind of opening
11 the door to, you know, maybe some kind of a special
12 exercise to, you know, as we become more integrated
13 these opportunities grow. Would it make sense for
14 the insurance companies' growth to go through kind of
15 an exercise at creating an inventory of everything
16 they do on the quality side and then over a period of
17 time making judgments about where they best could be
18 served? Because up to this point we're all doing our
19 separate things. Can we integrate this work?

20 MS. GREENE: I think there's lots of
21 opportunities for that. I think -- I also think
22 there are working groups in place now that are
23 beginning to do a lot of that work, and I know our
24 chief medical officers are working with the provider
25 community to look at things that are working and what

1 can we sort of say okay we like that, go ahead and
2 you're on your own, and where there might need to be
3 a pilot. So there's no -- nothing to be lost by
4 taking an inventory of what's out there.

5 MR. HOGAN: Okay. Thank you.

6 MS. HENKIN: Anything further of this
7 witness?

8 MS. HUGHES: I would like to reserve the
9 opportunity to call her on redirect or rebuttal if
10 necessary.

11 MS. HENKIN: And I just want to remind
12 people in here if you haven't signed in, there's a
13 sign-in sheet. You can do it on your way out, but
14 there is a sign-in sheet if you're here. Even though
15 we know who you are, I probably won't remember. So
16 please do that. You can call your next witness.

17 MS. HUGHES: Oh thank you. I will call
18 Paul Schultz.

19 PAUL SCHULTZ,

20 Having been duly sworn, testified
21 as follows:

22 DIRECT EXAMINATION

23 BY MS. HUGHES:

24 Q. Can you state your name for the record?

25 A. I'm Paul Schultz.

1 Q. And where do you work, Mr. Schultz?

2 A. I work for Blue Cross Blue Shield of Vermont.

3 Q. And can you give the Board a snapshot of your
4 professional background and experience with Blue Cross and
5 before that?

6 A. Yes. I've been working as a health care
7 actuary for nearly 20 years. I graduated from Purdue
8 University with a Bachelor's in Actuarial Science. I've
9 been a member of the American Academy of Actuaries since
10 2000 and a Fellow of the Society of Actuaries since 2001.

11 I've been working for Blue Cross Blue Shield
12 of Vermont for about two and a half years, most recently
13 in the role of chief actuary where I have oversight of the
14 actuarial and underwriting functions. As part of that I
15 have the responsibility of this rate development and the
16 all rate developments for our various products at Blue
17 Cross.

18 Q. So exhibit 1 and 2 have already been admitted
19 into evidence, and I was wondering if you could tell us if
20 you're familiar with those exhibits?

21 A. Yes, I am.

22 Q. And how are you familiar with them?

23 A. I supervised their preparation.

24 Q. And can you walk the Board through how exhibit
25 1 was prepared?

1 A. I can. So as with any rate filing you need to
2 start with a projection of allowed claims. So what we did
3 in order to do that was to start with the actual 2014
4 experience of members in our qualified health plans
5 combined with the 2014 experience of members in our other
6 small group and individual products that were available on
7 a transitional basis in the early part of 2014. So all
8 told that's about 800,000 member months of experience. We
9 transformed that experience and reflected the EPO network,
10 which is the network for our QHPs, and then projected it
11 forward to 2016.

12 Once we completed that projection we then had
13 to do a transformation from allowed costs to paid claims,
14 and so you do that through a number of what are called
15 allowable factors, and those mainly include actuarial
16 values, which is the amount the plan is expected to pay of
17 the total allowed cost as opposed to what's paid through
18 the member cost sharing. So all told that comes to over
19 90 percent of the claims dollar as Ruth testified.

20 To that we add a number of other items.
21 Administrative costs are from there. That was part of
22 Ruth's testimony as well. We use a similar process there.
23 We start with 2014 base experience, and then trend that
24 forward to 2016 to reflect wage increases and inflation,
25 and we add in costs from our various vendors and it comes

1 to about 6.3 percent of the overall premium.

2 Another thing we have to add in are the
3 various taxes and fees that arise at the state and federal
4 level. Those are a little bit over 4 percent of premium.
5 It's offset in 2016 by a federal subsidy in the form of a
6 transitional reinsurance program. That subsidy is worth
7 about 2.7 percent of premium. So fees on a net basis are
8 1.4, and finally we add the contribution to reserves of 2
9 percent. Again Ms. Greene testified pretty extensively
10 about that, and that comes to a hundred percent of the
11 premium dollar. There's no profit in the rates. We're a
12 local non-profit company so there is no profit.

13 Q. So as you develop the filing did you have
14 specific objections in mind -- excuse me, objectives in
15 mind?

16 CHAIRMAN GOBEILLE: You could answer
17 both if you would like.

18 A. It may take a while to get through the first
19 part. Our specific objectives were to develop the most
20 affordable and competitive rates possible while using
21 assumptions that are reasonable both individually and in
22 the aggregate, and using methodology as prescribed by
23 state and federal rules and instructions.

24 Q. So aside from the components did you make any
25 assumptions in developing the filing?

1 A. We had to make a number of assumptions. The
2 most important of those, and we've already talked about it
3 a little bit, is trend. Trend consists of a number of
4 components, both utilization, which we define as including
5 intensity of services as well, and then what we refer to
6 as unit cost trends which are the increases in the amounts
7 providers are paid. So those things we take a look at and
8 we develop assumptions for that both for medical costs and
9 for pharmacy costs. We look at the two of them
10 separately, and then we consider them -- cobble everything
11 back together and we have an overall health care cost
12 trend. That's far and away the biggest assumption.

13 Another key assumption has to do with
14 population morbidity. So we started with 2014 base
15 experience. We expect the population to look a little
16 different in 2016 than what we had in 2014 and that's true
17 in a number of different ways. For one we added about
18 6500 new members at the beginning of 2015. We don't know
19 what their experience looks like, but we can look at their
20 demographics and we can see that they tend to be younger
21 than the average member that was on our plans in 2014. So
22 we're assuming they will be healthier as well.

23 We took a look at members who left our rolls
24 either during 2014 or as we transitioned into 2015, and
25 what we noticed when we looked at that was a little bit

1 surprising. They tended to be the more expensive members
2 who left. That's unusual in that people who are using a
3 lot of services tend to want to keep their insurance, but
4 we found that they did not. Our -- what we're presuming
5 is that a lot of them found that they were eligible for
6 Medicaid and so ended up on the Medicaid rolls rather than
7 ours. So we made the assumption these folks would not be
8 coming back to our plan in 2016, and through doing that we
9 were able to lower our premiums by a couple points.

10 A few other population morbidity assumptions
11 are in there as well, but continuing members, we talked
12 about the new members, those that left. Those that
13 continue as well. They are two years older in 2016 than
14 they were in 2014 so we need to reflect that.

15 We included an assumption for plan selection,
16 and we included another item that we talked about already
17 the definition of small group will change in 2016 to
18 include employers of 51 to 100 employees. So we also made
19 an assumption as to how that would impact the rates.

20 So those are probably the two most meaningful
21 assumptions. There are a number of other ones as well.
22 We had to make assumptions as to the amount of the risk
23 adjustment transfer that we'll receive in 2016 and the
24 fees associated with that. We had to make assumptions
25 about transitional reinsurance, what would be the

1 recoveries that we would receive from transitional
2 reinsurance. I described that federal premium subsidy
3 earlier. It technically works a little bit differently
4 than that. So we had to make assumptions as to how much
5 money we would receive from that program and what the fees
6 for that program would be.

7 Another key set of assumptions has to do with
8 paid-to-allowed ratio which includes a number of
9 components as well. Includes the actuarial value at a
10 member level for each benefit plan. We have to take a
11 look at this for each individual benefit plan and project
12 of the total allowed costs how much will be paid by the
13 plan, how much will be covered through member cost
14 sharing.

15 There's also something that we call a family
16 tiering adjustment. That's a little bit unique for
17 Vermont. We don't have age rating and Vermont defines the
18 tier factors between single, couple, member, and children
19 and family, and so when we look at the actuarial value of
20 a family plan, for example, that may have aggregate
21 deductibles, we can see that actuarial value is a little
22 bit different than the tier factors defined by the State
23 of Vermont. So we make adjustments to reflect that.
24 That's actually a downward adjustment of premium of around
25 3 and a half percent. So if we didn't make that, we would

1 be collecting much more premium than we really needed. So
2 that's a key part of the transition from an allowed to
3 paid claims.

4 Finally, there's benefit enrichment
5 adjustments which essentially say folks that have richer
6 coverage tend to utilize that benefit more just because
7 they have richer coverage. So that's factored in as well.

8 The last kind of set of assumptions that we
9 put out there are those that are used to project things
10 like administrative costs from 2014 to 2016. So what will
11 those wage increases be, what will inflation be, those
12 sorts of things, as well as federal fees. We need to
13 project those from a 2014 known amount to what we think
14 will happen in 2016.

15 Q. I wanted to circle back with the trend on
16 drugs, and can you briefly address the various driving
17 factors in the RX trend for 2016?

18 A. Yes. So there were some questions on this
19 earlier. The shift from brands to generic certainly play
20 into that. I tell you that our generic utilization in
21 Vermont is already well above 80 percent. So it's -- when
22 we think about diminishing returns it's not -- you know
23 it's not just because of so much we have done already.
24 It's because literally there's a mathematical maximum we
25 can reach here, and as we're proposing getting into the

1 mid 80's and eventually reaching 100 percent we can't make
2 it 120. So that will necessarily slow down over time.

3 The other thing feeding into pharmacy trend
4 that's very meaningful is specialty trend. What we've
5 seen is a lot of the new medications coming out are for
6 specialty drugs that are not utilized by a great many
7 members but are very expensive when they are utilized.
8 Hepatitis C treatments, for example, are -- the medication
9 is doing wonderful things for helping people with that
10 affliction, but it's exorbitantly expensive, and so that
11 has a very large impact on our pharmacy trend.

12 Q. And how about the Vermont specific law on RX
13 maximum out of pocket?

14 A. That law we've seen very much play into the
15 generic dispensing rate discussion we have had earlier.
16 What we've seen there's a low \$1,300 maximum out of pocket
17 on pharmacy spend in Vermont. That's a state law. What
18 we've seen is that once members hit that out of pocket
19 generic utilization kind of goes out window and they start
20 using brand drugs much more heavily.

21 When they look at -- we have some preferred
22 brand medications and some that are non-preferred brands.
23 We look at clinical effectiveness and we also look at the
24 cost of those products. So the non-preferred tend to be
25 much more costly, and we also see once that maximum out of

1 pocket is reached that members who are using brand drugs
2 tend to use more non-preferred brand than they did when
3 they were -- when they had some sort of cost sharing.
4 When they had some sort of skin in the game. So that
5 maximum out of pocket does absolutely impact pharmacy
6 utilization and ultimately pharmacy trend.

7 Q. So what was Blue Cross's original rate
8 increase request to the Board?

9 A. We filed 8.4 percent on average.

10 Q. And was that original request supplemented
11 later with additional information?

12 A. It was. It was supplemented after state law
13 created some changes to the Blueprint program that then
14 found their way through the Blueprint manual.

15 Q. And is that found in exhibit 2 in the binder?

16 A. Yes. That's exhibit 2. New average rate
17 increase is 8.6 percent rather than the 8.4 percent once
18 we reflected those Blueprint changes.

19 Q. So are you familiar with the recommendations
20 that have been made by the Board's actuary Lewis & Ellis?

21 A. I am.

22 Q. And is exhibit 14 of the binder a copy of
23 those recommendations?

24 A. Yes. That's right.

25 Q. And could you briefly describe what the

1 recommendations were?

2 A. I can. Three of the recommendations had to do
3 with refinements of our methodology that we proposed after
4 discussion with Lewis & Ellis about our initially filed
5 methodology. One of those had to do with the way we were
6 projecting forward unit cost trend, which is increases in
7 the amounts providers are paid specifically for
8 facilities.

9 A second had to do with reflecting the
10 membership growth that we saw from 2014 to 2015 on our QHP
11 block of business reflecting that in our projection of
12 administrative costs from the base period to 2016, and the
13 third had to do with a methodology we used to project what
14 the federal insurer fee would be in 2016. Those three
15 changes collectively had an impact of about a half a
16 percent downward on rates.

17 The fourth change has to do with information
18 that we received well after the date of the initial filing
19 on the risk adjustment program. We found that we were
20 receiving a substantial risk adjustment transfer payment
21 to us for 2014, and we feel it's appropriate to reflect
22 that in the 2016 rating as well. L&E agreed with that and
23 so that's an additional downward adjustment of .8 percent
24 to the rates.

25 Q. And do you agree with the four recommendations

1 that you just reviewed?

2 A. Yes. We agree with all four.

3 Q. So are there any areas of disagreement with
4 Lewis & Ellis on this filing?

5 A. There are none. After these four adjustments
6 they opined that the remainder of our assumptions are
7 reasonable and appropriate, and that the rates were
8 neither excessive nor inadequate nor discriminatory.

9 Q. And I'm going to ask you to refer to what
10 we've labeled exhibit 22 and Martine will provide the
11 Board with a copy of it. So, Mr. Schultz, can you please
12 identify for the Board what exhibit 22 is?

13 A. Exhibit 22 is a restatement of our rates after
14 these four Lewis & Ellis recommendations that we agree
15 with.

16 Q. And can you give the Board the bottom line so
17 to speak?

18 A. The bottom line is an average increase of 7.2
19 percent. You probably will have seen in the L&E opinion
20 that they said 7.3 percent. It's a little bit different
21 because of all the co-variances among these four things.
22 They are not simply additive, but they impact each other
23 in interesting and convoluted ways. So we end up with
24 something slightly over 7.2 percent.

25 Q. And can you walk us through what the 7.2

1 percent represents?

2 A. I can. So as Ruth testified, the majority of
3 that has to do with increases in the amounts providers
4 will be paid. I do want to clarify a little bit of her
5 testimony when we look at how -- so there's two parts of
6 this. One is what do we expect to happen from 2015 to
7 2016, and Mr. Gobeille had a question earlier about how
8 the hospital budget plays into that and whether we can do
9 that in a way that allows us to have better information.
10 I would agree with Ms. Greene's testimony there, but we
11 need to make an assumption as to how that would increase.

12 The other part of that is a rebasing in 2015.
13 In last year's filing we had an assumption as to how costs
14 would increase from 2014 to 2015, and now that we're part
15 way into 2015 we have a better viewpoint into what is
16 actually going to happen, and what we're seeing is about a
17 1.1 percent higher unit cost trend than what we
18 anticipated.

19 What I want to clarify is that all of that
20 really is on the pharmacy side. So pharmacy cost trends
21 are much higher than we thought they would be. When we
22 look at the hospital budget review it's actually very
23 close, at a very slight good guy, if you will, compared to
24 what our assumption was for the 2015 filing. So we had a
25 little bit of a good guy there, but more than offset by

1 the pharmacy prices going up very significantly, and the
2 use of specialty certainly plays into that as well. We're
3 seeing both more utilization and higher prices on the
4 specialty side. So that all plays into the 7 and a half
5 percent.

6 We also heard a little bit of testimony about
7 the cost shift. That certainly plays into it as well.
8 When we see the hospital budget increases, those in total
9 will be lower than what's passed along to commercial
10 because government programs, Medicare and Medicaid, pay
11 something that's much lower than what providers really
12 need as an increase, and so commercial, including QHP, are
13 left to kind of foot the bill for that.

14 So that's at 7 and a half percent. It is
15 offset by the renegotiated pharmacy contracts that Ms.
16 Greene also testified about. That brought the number down
17 by nearly 2 percent. So that was -- that certainly helped
18 the premiums. There are a few other kind of important
19 factors. I've talked a little bit about transitional
20 reinsurance. So that's the federal subsidy of exchange
21 rates. It is a transitional program as the name would
22 indicate. So the amount of the subsidy reduced from 2014
23 through 2016. It goes away entirely for 2017. So when
24 I'm back next year part of the reason for the increase
25 next year will be the fact that federal subsidy goes away,

1 and as those federal subsidy dollars go away more of the
2 total cost of coverage is shifted to members through the
3 premium.

4 So that caused about a 1.7 percent increase to
5 rates this year. In addition to that we had some plan
6 design changes to make the benefits richer. So again it's
7 a tradeoff between member cost sharing versus premium. As
8 you have more member cost sharing you can have lower
9 premiums, but the opposite is true with -- particularly
10 with the change, the federal change the way the maximum
11 out of pocket works for family coverage that we had to
12 incorporate. We had to incorporate it on a plan-by-plan
13 basis. It impacted some plans much more than others. For
14 example, the standard bronze CDHP was impacted by nearly 6
15 percent because of this federal change. So our rate for
16 that plan is quite a bit higher because of this change.
17 In aggregate the weighted average across all plans this
18 caused about a 0.8 percent increase in rates.

19 There were some other plan changes. There's
20 the concept of leverage, which is that if you keep your
21 cost sharing exactly the same but the total cost of care
22 goes up, that means that the amount that must be shifted
23 to premium is going to have to increase as well because
24 the member cost sharing stays the same. Total increases
25 those dollars have to go to premium.

1 Those changes are offset by plan changes that
2 are made to keep plans within certain medal levels.
3 That's part of the ACA. We need to keep -- a silver plan
4 needs to remain silver over time, and if we never change
5 that benefit design, if we never increase deductibles or
6 out of pockets, what have you, it will continually get
7 richer and richer until it will no longer be considered a
8 silver plan. So we have to keep it within that silver
9 framework. So there were changes both to some of the
10 standard plans and to our non-standard plans to keep those
11 plans within the proper medal level. All told those plan
12 changes were worth about 1.1 percent.

13 A couple other things that changed
14 administrative costs. While they stayed about the same as
15 a percentage of premium, if you look at them on a per
16 member per month basis, they are higher. So that's an
17 increase of about .7 percent if you look at it on a per
18 member per month basis.

19 In terms of contribution to reserves, one of
20 the many ways that Blue Cross has been supportive of
21 health care reform in Vermont is through in past filings
22 requesting a contribution to reserve that is lower than
23 that we would normally request. Unfortunately that's not
24 a viable long term strategy. So this year we've requested
25 the amount that we feel is necessary to maintain an

1 appropriate level of reserves using guidance from our
2 regulator such that the reserves are sufficient to cover
3 both growth in health care costs and potential adverse
4 events. So we're requesting a 2 percent contribution to
5 reserve this year. It was 1 percent last year. So that's
6 a 1 percent difference in rates.

7 I know I'm throwing a lot of numbers out
8 there, but this kind of circles back to the question Dr.
9 Holmes asked earlier about that 7.2. That's much higher
10 than inflation and so forth, and I would completely agree
11 with that, but what I do want to point out is that we have
12 these things like the federal subsidy going down. So
13 that's not increasing the total cost of the coverage.
14 It's a shift from federal dollars helping to pay for the
15 total cost to member premium paying for the total cost.
16 Same thing with the plan changes.

17 So when you take a look at both those things
18 that takes the 7.2 down to something that's in the low 4
19 percent, and last year if you look at Blue Cross
20 requesting a CTR, there was less than what we felt we
21 would normally ask for. That's another percent there. So
22 now we're getting down into the range that I think is more
23 consistent with inflation, and I think a lot of the
24 programs that we've talked about to try to keep the costs
25 of care down, whether that's things we're doing or things

1 that providers are doing, are reflected in that.

2 So a lot of this increase has to do with
3 changes in the way we're kind of divvying up that total
4 dollar that's the overall cost of care.

5 Q. Were there any things that you assumed that
6 would mitigate the overall impact?

7 A. We did. I talked about the population
8 morbidity assumptions, and so we made some specific
9 assumptions there regarding the health of the new members
10 being healthier than members we already had. We made
11 assumptions again about the members who left. So when you
12 consider that along with all the other various assumptions
13 that we made that brought rates down by about 1.8 percent;
14 and the final thing that had a significant impact on rates
15 was that .8 percent we talked about for the risk
16 adjustment program. That risk adjustment program was put
17 into place to discourage issuers from favoring or trying
18 to attract members who have good risk at the expense of
19 members who have poor risk. So that program was put into
20 place to transfer money from carriers who have a low risk
21 population to carriers with a high risk population as a
22 means to level of playing field, and they did that so that
23 carriers wouldn't back away from trying to attract and
24 serve the members who are higher risk and may not be in as
25 good of health.

1 So as I mentioned earlier we expect to receive
2 2.7 million dollars of transfer payments for 2014 to
3 reflect the fact that we are serving a membership that has
4 higher risk. Without knowing any better information about
5 how that might change from 2014 to 2016 we feel it's
6 appropriate and necessary to reflect that in rates for
7 2016, and we did so by using the same percentage of
8 premium that we received in 2014. We'll assume we'll
9 receive that same percentage of premium as a risk transfer
10 payment in, in 2016. So that brings rates down by .8
11 percent and something that we felt was important so that
12 the intention of the program, which is to level the
13 playing field for insurers, can actually be realized.

14 Q. So the 2.7 million is that government dollars
15 or where does that money come from?

16 A. That money comes from other carriers on the
17 exchange, and in our case we only have two. So that's
18 going to come to us from MVP. MVP will pay that money to
19 the government who will then hold on to it for a little
20 while and then send it on to us.

21 Q. And is that subject to sequestration at all?

22 A. It is subject to sequestration. What we
23 understand is that something in the order of 7 percent
24 will be subject to sequestration, but we do expect to
25 receive that money once the federal government's in a new

1 fiscal year. So we do expect to get the full 2.7 million,
2 just not right away.

3 Q. So when you spoke earlier about L&E's
4 recommendations was this one of their recommendations as
5 well?

6 A. That's correct. Yes.

7 Q. Are you familiar with Vermont's standards for
8 rate approval?

9 A. Yes, I am.

10 Q. And do you believe this filing meets those
11 standards?

12 A. Yes, I do.

13 Q. And we can review them, and I know Michael
14 will go over this as well later I'm sure with L&E, but in
15 your professional opinion are the rates being requested
16 after modification by the recommendations by L&E, are they
17 excessive?

18 A. They are not excessive.

19 Q. Are they inadequate?

20 A. They are not inadequate.

21 Q. Are they unfairly discriminatory?

22 A. No, they are not.

23 Q. Are they reasonable in relation to the
24 benefits?

25 A. Yes, they are.

1 Q. And do they meet the other statutory standards
2 that Ms. Greene went over earlier?

3 A. Yes, they do.

4 Q. So I want to turn to exhibit 15 -- sorry, 16,
5 and can you identify for the Board what that exhibit is?

6 A. That is the NovaRest report on our rate
7 filing.

8 Q. And did NovaRest address all the issues, the
9 same issues that L&E addressed?

10 A. Yes, they did.

11 Q. And are they in agreement with the L&E
12 recommendations?

13 A. Yes, they are.

14 Q. And did they -- did the report contain any
15 additional suggestions for this rate filing?

16 A. It did. It included a suggestion that we
17 assume that at least half of the employers of the 51 to
18 100 size who would be financially disadvantaged by
19 enrolling their employees in QHPs would choose to do so
20 anyway.

21 Q. And so do you agree with that analysis?

22 A. I do not.

23 Q. And why do you disagree with it?

24 A. NovaRest asserts that nationally actuaries
25 expect the transition to self insurance for employers of

1 this size to be gradual and incomplete, and that may well
2 be true nationally. The Vermont marketplace is very
3 different from the national marketplace in quite a few
4 ways.

5 We heard some testimony on this earlier. We
6 know that employers of this size almost universally work
7 with brokers in Vermont. Brokers have been encouraging
8 these employers to move towards self insurance even before
9 this choice in 2016. They have been doing so for a number
10 of reasons, but control over benefit design and avoidance
11 of certain premium taxes and fees seem to be kind of
12 foremost among those reasons. There is a pretty well
13 developed marketplace in Vermont for self-funded groups of
14 smaller size. Our competitor CIGNA has a level funded
15 product that kind of to our dismay has proved to be very
16 popular among groups of this size. So this product
17 includes both specific stop loss and aggregate stop loss,
18 both of which at very low attachment points that reduce a
19 lot of the risk that an employer might face in choosing to
20 become self funded. So we've seen a lot of employers go
21 there.

22 We know that a number of brokers in the state
23 have or are developing relationships with captive
24 insurers, which is another way to provide kind of
25 additional reinsurance coverage around a self-funded

1 product for employers of a smaller size.

2 Now that we're getting into the 2016 renewal
3 season I can share with you that we're receiving a lot of
4 requests from brokers for employers to change their
5 renewal date to an early renewal in December rather than a
6 January 1 renewal date. Employers can do that if they
7 have a valid business reason for doing so, and the effect
8 of that is that they can retain their insurance, their
9 fully insured product through November 30th of 2016. It
10 effectively puts off for 11 months their need to make a
11 decision between self funding or going to QHPs. So we're
12 seeing all of this happen in the Vermont marketplace, and
13 as a result we think that the movement toward self
14 insurance for employers of this size in Vermont will be
15 much swifter and in many ways has already been much
16 swifter than what we may see nationally.

17 So for that reason, especially if we look at
18 assuming that employers who would be disadvantaged would
19 move to the QHP anyway, to realize that quarter percent of
20 savings you have to assume that at least some employers
21 who would be significantly disadvantaged financially to
22 move to the exchange would do so anyway, and we just don't
23 see that happening in this market with some of the self
24 funded alternatives that are out there and being promoted
25 heavily by brokers.

1 Q. And was there another suggestion in the
2 NovaRest opinion?

3 A. There was. The NovaRest suggested that our
4 CTR could be reduced without threat to our solvency.

5 Q. And do you agree with that suggestion?

6 A. I don't agree with that suggestion either.
7 There is certainly a long term threat to our solvency if
8 our CTR is continually reduced below the level that we're
9 requesting.

10 Q. So why does Blue Cross have reserves?

11 A. Reserves are a consumer protection. So
12 reserves allow us to maintain the financial strength
13 that's necessary if there is a significant adverse event
14 that will allow us to continue to pay claims on behalf of
15 members.

16 Q. So can you describe what an adverse event
17 would look like?

18 A. Sure. There are a number of examples.
19 Regulatory action is one. There could be a utilitization
20 shock. So that could be a flu pandemic, for example,
21 could create a pretty significant run on utilization. We
22 don't rate for that. So should that happen that money
23 would come out of reserves.

24 There could be an increase in the cost of
25 services, and probably the best example of that, that we

1 may have seen for a while is there's a new class of drugs
2 called PCSK9 inhibitors. It's an injectable cholesterol
3 medication that is expected to be approved later this
4 year, and we don't really know to what extent it's going
5 to be prescribed by providers. If clinical trials come
6 back very favorably, we could see some widespread
7 utilization of this drug for people who would normally be
8 on statins.

9 Q. So is that included in your projections?

10 A. We do include the cost of PCSK9 in our
11 projections, but only for a specific genetic disease for
12 which it's likely to be prescribed. So just a small
13 amount of what is the potential utilization. We received
14 a report from our pharmacy benefit manager that was
15 opining that the utilization could be as much as 10
16 percent of the statin using population, which now that
17 would have a huge, huge impact on rates.

18 So if you start literally pricing for
19 potential adverse events, rates could become very
20 expensive indeed. So rather than directly pricing for
21 something that has the potential to happen, what we do is
22 to include that as part of our contribution to reserve.
23 So that contribution to reserve covers yes the increases
24 in health care cost that's required to maintain our
25 solvency at a current level, but we also need something to

1 cover these potential adverse events that we don't price
2 for directly but we still need to have the financial
3 strength to be able to pay for those should they occur.

4 Q. So if an adverse event were to happen and the
5 company is not given the CTR that would be required to
6 cover that, how long would it take for rates to catch up
7 with that kind of a situation?

8 A. With our robust review cycle in Vermont it
9 would take about two years from the time we identified the
10 need for that rate change until the time it was actually
11 approved and implemented.

12 Q. And if a CTR was approved only to cover trend
13 each year, do you have any opinion as to what would happen
14 to the company financially?

15 A. In the very long term the company would be
16 likely to become insolvent because these adverse events do
17 happen. So if we only ever covered trend, ultimately we
18 wouldn't have enough money to pay for the adverse events.

19 Q. And I think there was testimony about this
20 earlier, but so over the last 4 to 5 years what has been
21 the actual experience on CTR?

22 A. We referred to the Lewis & Ellis report
23 earlier, and we've since learned some additional things
24 about the transitional reinsurance program and the risk
25 adjustment program. So the overall average over the last

1 four years of what we've realized has been a negative .4
2 percent contribution to reserves.

3 Q. And do you think that's helpful?

4 A. Ideally we would like that to be certainly a
5 positive number. So I would say that if we look at it
6 objectively, over the past four years the rates as
7 modified and approved by the regulators have been
8 inadequate.

9 Q. So in your opinion what is the minimum CTR
10 required for this filing?

11 A. 2 percent.

12 Q. And are you familiar with, and now we will go
13 back to exhibit 15 which is the DFR opinion, are you
14 familiar with the Department's solvency opinion?

15 A. Yes, I am.

16 Q. And can you briefly describe what their
17 opinion was?

18 A. They have opined that our solvency is
19 appropriate and necessary, our level of solvency, and they
20 have opined that rate components should not be adjusted
21 downward, and rate components would include things like
22 CTR should not be adjusted downward unless the Board's
23 actuary opines that the rates are excessive.

24 Q. And going back to exhibit 14 did L&E express
25 an opinion on CTR?

1 A. They did. They found --

2 MS. RICHARDSON: Objection.

3 MS. HENKIN: We are going to have these
4 witnesses, if we could, go through this quickly, but
5 I will allow him to answer this question at this
6 time.

7 A. They opined that a 2 percent CTR was
8 reasonable and appropriate and did not recommend changes
9 to it.

10 Q. So they did not find that a 2 percent is
11 excessive?

12 A. That's correct.

13 MS. HUGHES: Thank you.

14 MS. HENKIN: Is that it for this witness
15 for you?

16 MS. HUGHES: Yes.

17 MS. HENKIN: I'm going to allow for a
18 break now because we are already at 11 clock. We're
19 going to come back and we'll continue with the HCA
20 and the Board's questions of this witness and move
21 on. It's 11:01. We're taking 10 minutes. So we are
22 going to be starting right on time at 11:11. Thank
23 you.

24 (Recess.)

25 MS. HENKIN: Okay. It's 11:11 and I did

1 say we would be on time. We do seem to be missing
2 some parties, but we do have a witness, the parties,
3 and the court reporter, and the Board. At this time
4 I'm going to allow for examination for the Health
5 Care Advocate's Office. Lila.

6 MS. RICHARDSON: Thank you. I'm just
7 going to ask one or two brief clarifying questions
8 because of the time that the hearing has already
9 taken.

10 CROSS EXAMINATION

11 BY MS. RICHARDSON:

12 Q. I had a question to clarify the administrative
13 costs and percentage of premium. My understanding from
14 the filing and from your testimony --

15 MS. HENKIN: And I'll ask everyone to
16 please -- we did turn up the volume. I know I'm kind
17 of loud, but everyone please speak into the mike so
18 we can hear you.

19 BY MS. RICHARDSON:

20 Q. So my understanding from the SERFF filing and
21 from your testimony is that you did not develop the
22 administrative cost as a percentage of premium?

23 A. That's correct. Yes.

24 Q. And it's a per member per month cost instead?

25 A. It is.

1 Q. It is. So is it accurate to say that if the
2 total increase has been reduced from the time that you
3 filed to what's agreed to at this hearing, that the
4 percentage of premium represented by administrative costs
5 has gone up?

6 A. It has. Part of the reduction, though, was a
7 reduction or projection of administrative costs.

8 Q. So it's a combination of those two factors?

9 A. Yes.

10 Q. There's a slight downward adjustment for that?

11 A. Correct. So if memory serves, the initially
12 filed admin costs would have been 6.4 percent of premium,
13 and now after the adjustments it lands at 6.3 percent.

14 MS. RICHARDSON: I don't have any other
15 questions.

16 MS. HENKIN: Okay. Then we'll go to the
17 Board and I'll start over here at this time.

18 MS. HOLMES: Okay. Great.

19 MS. HENKIN: Dr. Holmes.

20 MS. HOLMES: Thank you. Actually as a
21 first time Board Member through this your explanation
22 was really, really helpful clarifying. Thank you for
23 that. As a professor I will tell you, you should
24 become a professor some time because that was really
25 good. Yeah.

1 So a couple questions for you. One of
2 them was involving actually this utilization trend, 2
3 percent, and I'm just trying to get an understanding
4 of where that number comes from. Particularly I
5 think yesterday we heard from MVP it was 0 percent
6 was what they were assuming, and so I'm just trying
7 to get a handle on where that number comes from,
8 particularly in light of the fact that you think that
9 your population is going to be healthier so -- with
10 the younger population. That's my first question.
11 Why don't I start with that.

12 MR. SCHULTZ: Okay. I think I have
13 three parts to my answer. First, in terms of the
14 healthier population, because of those changes we
15 rated explicitly for that. So those were completely
16 separate from the utilization trend assumption, the
17 separate factors. It's all multiplicative so it all
18 lands in the same place, but it was separate from the
19 utilization trend.

20 One thing that I think makes our
21 utilization trend a little different from what you
22 might see in some national publications and so forth,
23 Dr. Ramsay referred to it earlier, is that we include
24 the intensity of services as part of that trend. So
25 what we really want to do is separate provider cost

1 increases, provider payment increases, and do that
2 very kind of discretely because our overarching
3 assumption there is that increases will be the same
4 as they were last year. So if we use that discrete
5 assumption, we can kind of move unit cost off to the
6 side and say okay it's a very precise development
7 based on what we've seen. If we do expect any
8 changes, we will modify that according to our
9 expectation, but that's kind of its own development.
10 So we put the other two pieces, both the number of
11 services and whether those -- those services are more
12 or less expensive, those both fall into utilization
13 trend.

14 The other thing that's a little bit
15 different is that we developed our utilization trend
16 based on the continuing population. So it's not on
17 our entire exchange block but just those who have
18 been on our books for a number of years. We were
19 able to track that population, and so it's a little
20 bit different for that reason. For example, in our
21 large group filing we filed a 0 percent utilization
22 trend as well, but here we're looking at restricting
23 our projection only to members who we kind of know a
24 lot about and who are continuing to be with us rather
25 than accounting for some of those ins and outs that

1 are more typical. So we did end up with a 2 percent
2 utilization trend, which is a little bit higher than
3 what we've seen in some other filings and so forth,
4 but that mostly has to do with the definition of how
5 we're coming up with that, and it really works in
6 conjunction with what we've done with some of these
7 other base period type assumptions. So we're able to
8 lower the baseline and recognize a lower baseline,
9 but a slightly higher trend with taking you out to
10 2016.

11 MS. HOLMES: So it might be slightly
12 upwardly biased if you're looking at your continuing
13 population and not accounting for the fact that your
14 new influx is healthier and your outflow was more
15 likely to be Medicaid higher --

16 MR. SCHULTZ: Right.

17 MS. HOLMES: But that's accounted for in
18 the base is what you're telling us?

19 MR. SCHULTZ: Exactly, and then some of
20 those other adjustments. So rather than kind of
21 baking all of that into trend we have the explicit 2
22 percent trend adjustment, which if you look at it on
23 its own might be a little upwardly biased, but then
24 we add in that adjustment for new membership and we
25 put in that adjustment for the membership that left,

1 and so in total we get to an answer that we think
2 makes sense for 2016.

3 MS. HOLMES: It all washes out. Okay.
4 And your intensity question utilization comment
5 reminded me something about the membership
6 expectations that you have. So at some point in the
7 filing, early in the filing it said you expect
8 membership to remain at current levels, and then
9 later on, you know, in the June 30th response there's
10 a discussion about the increase in membership which
11 that translated into the lower, you know,
12 administrative costs because of the increase in
13 membership. So I would love a little bit more detail
14 about, you know, where you're thinking the increased
15 membership is coming. Maybe it's coming from these
16 51 to 100 to some degree, but maybe other places, and
17 also to the extent we do know MVP is making a
18 marketplace here and trying to gain market share, how
19 does that factor into what you really do now think
20 about, you know, projected enrollment and how do
21 those membership numbers impact your assumptions
22 about administrative costs and CTR needs basically?
23 So that was a big question.

24 MR. SCHULTZ: That is a big question.

25 MS. HOLMES: You can break it apart.

1 MR. SCHULTZ: Right. Step by step here.
2 In terms of the new membership there are two sources.
3 One is the 51 to 100 that we expect to transfer into
4 QHPs. Secondly, the 6500 members that we talked
5 about that's increased membership we actually saw in
6 2015. So remember we're using 2014 base experience.
7 Okay. So the new membership we've -- we know those
8 people are there, and when we say we expect current
9 membership to remain the same, by current we mean
10 what we're seeing as of a certain date in 2015 that I
11 think was sometime in April.

12 MS. HOLMES: Okay.

13 MR. SCHULTZ: We took a slap shot at
14 membership and said okay here's the people who are
15 here now. We don't expect that to change as we
16 projected 2016. It's still more people than we had
17 in 2014.

18 MS. HOLMES: Okay.

19 MR. SCHULTZ: As far as MVP goes I'll
20 reiterate Ms. Greene's testimony that at the time of
21 the filing we have no knowledge what MVP is going to
22 do or not do or either whether they will file. So
23 we're developing this based on our own block and our
24 best understanding what we think is going to happen
25 in terms of what we can affect and what we do know at

1 the time.

2 Now that we've seen what MVP has done
3 it's kind of an interesting question. So it is
4 certainly true their rate increase is a fraction of
5 ours, but their rates are not necessarily lower than
6 ours. They are still higher on some of the richer
7 plans. They are lower on the bronze plans. So it
8 will be interesting to see, as Ruth commented, with
9 the Blue Brand and the national network that we have,
10 the Blue Card and with the award winning customer
11 service that we have, how that's going to play in
12 keeping members or whether we'll see a lot of price
13 shoppers.

14 Actuarially I will say I have some
15 concern about the sort of the tilt we are seeing.
16 We're seeing our more expensive plans at a lower rate
17 than what MVP has and their less expensive plans are
18 at a lower rate than ours. That's kind of
19 interesting to me in terms of how that could have
20 happened from an actuarial pricing perspective, and
21 that could cause additional movement of some of the
22 those lower risk members toward MVP. If anything,
23 that could really exacerbate what we're seeing in
24 terms of the risk adjustment, and inasmuch as that
25 risk adjustment transfer in and out can be reflected

1 in rates I think that does level the playing field
2 between us and MVP, but if that is one sided, then
3 risk adjustment only does so much. It can't overcome
4 all of the influence the better risks will have
5 versus the poor risk just in terms of payment. It
6 should flow into rates as well, which is why we
7 decided to put it into our rates.

8 So it will be interesting to see kind of
9 how it all plays out and it will factor into our rate
10 development for next year for sure.

11 MS. HOLMES: Okay. One -- this is a
12 small question, but one of the administrative costs I
13 noticed that you had assigned the same administrative
14 per member per month cost across all plans, and I'm
15 just curious because I would imagine that a
16 catastrophic plan would have lower administrative
17 costs than a platinum plan where people are
18 generating more transactions. So there's more bills
19 and more all of that. So how does all that factor
20 into the premiums at the end of the day?

21 MR. SCHULTZ: That has to do with the
22 instructions that we're supposed to just use the same
23 administrative cost, and we develop based on a PMPM.
24 We don't develop as a percentage of premium. So we
25 do assign that same PMPM across all plans.

1 Your point is an interesting one.
2 Arguably, at least, some services are claims related.
3 So it's something other carriers occasionally do.
4 MVP actually switched from a percent of premium to a
5 PMPM this past year. So there are different ways to
6 go about it.

7 MS. HOLMES: I feel like I have another
8 question, but I'm going to pass on and find it.
9 Those are the three off the top of my head. Thank
10 you.

11 MS. HENKIN: Let's go down to Con at the
12 end.

13 MR. HOGAN: Just a general comment. I
14 was interested, I may have it wrong, but I was
15 interested that the recommendation by L&E does not
16 include the standard of affordability; is that
17 correct?

18 MR. SCHULTZ: I actually don't remember
19 so I'm referring to that exhibit. Right. That's --
20 affordability is not part of their actual
21 recommendation.

22 MR. HOGAN: So I probably should hold
23 this question for the L&E actuary which I will. I'll
24 wait for you. Okay.

25 MS. RAMBUR: Thank you very much. Just

1 a couple of questions. One, obviously the issue of
2 contribution to reserves is a debate today and I just
3 want to clarify for the record reserves can only be
4 used for claims; is that correct? They cannot be
5 used for administrative structure or anything else;
6 is that correct?

7 MR. SCHULTZ: That's correct.

8 MS. RAMBUR: So they are reserved
9 specifically for claims, and you testified that in
10 the very long term contribution to reserves less than
11 requested will create insolvency in the very long
12 term. So could you just define the very long term a
13 bit more?

14 MR. SCHULTZ: We don't know to be
15 honest. I mean so these adverse events, there could
16 be a flu pandemic around the corner next winter or we
17 might not get one. We haven't had one for a number
18 of years. We might not have one for another 20
19 years.

20 PCSK9 is a big scary thing actuarially
21 thinking. That would have an enormous impact on our
22 RBC well into -- well not well into, but in triple
23 digits in terms of an impact if it comes in on the
24 lower end of the utilization range we were given by
25 our PBM. So that one maybe that will transpire next

1 year. Maybe it won't, and depending on what happens,
2 because these are just big infrequent but really
3 weighty events, you don't really know. If we knew it
4 was going to happen next year for sure, we would rate
5 for it. If we knew it was likely to happen next
6 year, we would rate for it, but we don't know what
7 will happen with PCSK9. So we took our best guess at
8 what we know will happen and the rest will kind of
9 play out in the clinical trials and the prescribing
10 patterns of cardiologists.

11 There might be another wonder drug
12 around the corner that -- a cure for cancer that
13 might cost a whole bunch of money, but man if we can
14 cure cancer, certainly we're going to end up paying
15 for it, but since we can't reflect that sort of thing
16 in rates unless we know about it in advance, that
17 could also create a huge sort of shock. So the
18 answer is I don't know.

19 MS. RAMBUR: Somewhere between 1 and 50.

20 MR. SCHULTZ: Somewhere between 1 and
21 50.

22 MS. RAMBUR: So a piece that just seems
23 a bit of a discrepancy to me, and perhaps I didn't
24 fully follow it, there is a fairly substantial risk
25 adjusted transfer coming from another carrier.

1 MR. SCHULTZ: Yes.

2 MS. RAMBUR: And you are presuming, if I
3 heard correctly, presuming similar transfer in the
4 future.

5 MR. SCHULTZ: Yes.

6 MS. RAMBUR: But you also testified that
7 you're expecting your population to be younger and
8 therefore healthier. So that seemed a little
9 inconsistent to me.

10 MR. SCHULTZ: Yeah. We -- that's a very
11 good point. What we don't know is how MVP's
12 population might change over time. We have
13 absolutely no insight into that. So we can only
14 assume that as members who are leaving our rolls and
15 going to Medicaid we can -- we assume they are going
16 to Medicaid. We don't actually know why they have
17 left our plans, but that's our best guess. We can
18 only assume that same sort of thing is happening to
19 MVP. We can -- but of course we don't know. It's
20 their book.

21 Same thing with the new membership. We
22 saw some new membership. I would expect that MVP saw
23 some new membership as well in 2015, and we don't
24 have any insight into what their new membership would
25 look like, but I would guess again that it's

1 similarly healthy compared to the rest of their
2 population just as our new membership is.

3 So yes we think our membership will be a
4 little bit healthier, but there are factors that
5 without any other knowledge of MVP's book we would
6 expect those same factors to apply to them in a
7 proportional sort of way. So that's why we assume
8 that the adjustment would remain proportional to
9 premium moving forward.

10 MS. RAMBUR: And I have one more
11 question if you can bear this. This is a three
12 on-ramp question so it's not a complicated question.
13 This is more so I understand this fully.

14 So you've testified that you expect a
15 population to be younger and therefore healthier
16 which is logical, and we heard yesterday about two
17 different approaches to looking at the demographic
18 profile and both make sense. One is over 12 months
19 and one is a snapshot, and in the snapshot it was an
20 older population that's only 2 years older, and so
21 the conclusion was that that's not substantive which
22 also makes sense to me.

23 So my question is, just so I understand,
24 how much age delta does it take for it to make a
25 difference? When you say your population is younger,

1 I'm trying to understand that assumption in terms of
2 how much -- how much change in a profile does it take
3 to really impact rate either up or down?

4 MR. SCHULTZ: Gosh, I wasn't here
5 yesterday so I didn't get to hear all the questions.

6 MS. RAMBUR: It has nothing to do with
7 that. It's so I understand. You know, for example,
8 if you're looking at the age of the work force, if
9 it's 42 versus 44, it's not a difference. If it's 32
10 versus 42, it's a difference. I'm just curious how
11 large a magnitude in general it takes to make a
12 difference.

13 MR. SCHULTZ: I would say if my
14 population went from an average age of 42 to an
15 average age of 44, I would want to rate for that. I
16 think it's enough to make a difference. Is that a 10
17 percent difference? No. But it might be worth a
18 percent or something a little bit more or less than
19 that. Yeah absolutely.

20 MS. RAMBUR: I guess I'm looking more at
21 your assumption that yours is going to be younger.
22 So you're confident enough they are younger enough to
23 make a difference.

24 MR. SCHULTZ: Yeah, and that particular
25 assumption, again, that's not a 5 or 10 percent

1 adjustment to the rates. It's a relatively smallish
2 number of people compared to the block that we have,
3 and they are a little bit younger, and so it's less
4 than a percent this downward adjustment for the new
5 people, but I would want to adjust for all those
6 things. I kind of want to come up with, as Ruth put
7 it, the best answer possible, and so I want to look
8 at every piece of data that I can look at, and if I
9 have an average age that's changing over time or if I
10 have new members who are coming in who are younger
11 than my existing block, I want to make sure I capture
12 all of those things.

13 MS. RAMBUR: Thank you. I was just
14 wanting to understand the demographic issues. So
15 thank you.

16 MS. HENKIN: Dr. Ramsay.

17 DR. RAMSAY: Thank you, Mr. Schultz, for
18 your presentation. I want to go back to this unit
19 cost increase which is really the biggest factor in
20 the medical trend, and you described this as
21 primarily being an increase in what you paid to
22 providers.

23 MR. SCHULTZ: Yes.

24 DR. RAMSAY: 4.4 percent. Is that an
25 average based on your contracting or based on -- I

1 mean I can't go out to an independent practice in
2 Richmond and have this on the record as saying well
3 guys good news you're going to get a 4 and a half
4 percent increase in your payments this year.

5 MR. SCHULTZ: Right. So that's correct.
6 That's an average across all different services. The
7 hospitals, professional services, and pharmacy is in
8 there as well. We know the pharmacy trends are
9 particularly rampant these days.

10 DR. RAMSAY: Where -- and what else is
11 in that unit cost increase? Is it inflation? Is
12 there inflation? Is there operating expense? What
13 else is in that?

14 MR. SCHULTZ: Part of it is a rebasing
15 from what we expected to happen from 2014 to 2015 to
16 what we're seeing actually emerge in 2015. So of the
17 7.5 about 1.1 is due to the rebasing and about 6.4
18 percent is a unit cost trend moving forward.

19 Now Mr. Gobeille mentioned earlier that
20 hospital budgets are coming in, and it looks like the
21 commercial ask may be lower than last year and that's
22 great news, and that would have been great to know at
23 the time that we prepared the filing, but in the
24 absence of that information we assumed that it would
25 be the same. So with the cost shift that number

1 becomes quite a high number in terms of commercial
2 increases.

3 DR. RAMSAY: In terms of the cost shift,
4 again this is a timing issue, but you know the
5 Legislature did have us -- did allocate a small -- a
6 Medicaid bump this year which should have an effect,
7 I'm assuming, on next year's rates.

8 MR. SCHULTZ: Yes.

9 DR. RAMSAY: We will see that.

10 MR. SCHULTZ: Yes.

11 DR. RAMSAY: And that is directly in
12 line with reducing this cost shift of what you
13 attribute about a 1.7 percent of the premium to the
14 cost shift, correct?

15 MR. SCHULTZ: That number strikes me as
16 about correct.

17 DR. RAMSAY: Okay.

18 MR. SCHULTZ: I don't have it in front
19 of me.

20 DR. RAMSAY: Don't worry. It's in here.
21 So I've been practicing in Vermont for over 30 --
22 well 34, 35 years and I'm constantly intrigued.
23 First I'm troubled by this solvency thing being
24 constantly held over our head like a big hammer. Oh
25 my God, you know, and I agree there's nothing more

1 important than having commercial insurers who my
2 patients depend on to pay their claims being solvent.
3 I agree.

4 I have lived, again practicing 34 years,
5 I have not yet seen the kind of flu epidemic and in
6 that 34 years the CDC has certainly got a lot better
7 about prediction, okay. They didn't do well last
8 year, but on balance that technology has improved for
9 preventing that kind of task.

10 Around the PCSK9 inhibitors I think it's
11 laudable that your pharmacy director, and Brian and I
12 spoke many times about this, reached out to the
13 cardiologists, but more so in that population of
14 Vermonters who have the highest utilization of health
15 care services, Medicare over 65, we have the lowest
16 based PMPM rate, one of the lowest in the country.
17 So our doctors and our patients do not engage quickly
18 in new technologies. I mean that's why we can do so
19 much in this state because of the providers they
20 don't buy into direct consumer advertising like they
21 do in many other states.

22 So that's -- I'm just trying to counter
23 some of the -- you talk about membership growth as
24 being a risk, but everything we see nationally is the
25 Affordable Care Act has been a boon to commercial

1 insurers. I mean you've got new members. You've got
2 46 percent of your new members in silver plans which
3 are potentially subsidized by federal and state. I
4 mean this is a market boon from what I see.

5 You talk about new technology. I read
6 the journals. I'm not seeing anything about major
7 new technologies. I'm seeing a lot of movement in
8 terms of biologics and I know you should worry about
9 that, but we're not going to cure cancer next year.
10 I mean it would be great. You talk about regulatory
11 action as a threat. I mean I'm a regulator. Okay.
12 How -- do you think I am going -- you know how I've
13 already stated I feel about the solvency of our
14 commercial insurers, but we're going to allow a
15 regulatory action to really threaten your solvency?
16 I mean those things I just have to try to make sense
17 out of those arguments.

18 Lastly, aside from maybe one or two long
19 term care insurance products, I cannot remember a
20 health insurance product becoming insolvent in this
21 state in the years that I practiced here. Do you
22 know of any?

23 MR. SCHULTZ: No. We would like to keep
24 it that way.

25 DR. RAMSAY: Yeah I know. Trust me, we

1 want to keep it that way, but I'm just pointing out
2 the historical perspective here; and then lastly
3 around -- we heard testimony around the range of risk
4 based capital, and we heard about how quickly rates
5 would -- how it would take two years for rates to
6 respond to a major event that threatened your
7 reserves.

8 Let's take the other tack here. Your
9 risk based capital goes to 750 to 800 to 850. How
10 quickly does that translate back into what Vermonters
11 really want to see which is a moderation in their
12 growth of their premiums? Give me your ideas about
13 that.

14 MR. SCHULTZ: Without addressing any
15 numbers specifically.

16 DR. RAMSAY: Right.

17 MR. SCHULTZ: If we found that our risk
18 based capital were running above our range, then we
19 would absolutely take that into account in the
20 contribution to reserve that we are requesting.

21 DR. RAMSAY: Within the next year?

22 MR. SCHULTZ: Yeah, the next filing that
23 was available. Yes. Absolutely.

24 DR. RAMSAY: That's all I have.

25 CHAIRMAN GOBEILLE: I'm all set.

1 MS. HENKIN: Anything else from the
2 Board? Anything else?

3 MS. HUGHES: I do have one follow-up
4 question.

5 MS. HENKIN: Please speak up and into
6 the mike.

7 REDIRECT EXAMINATION

8 BY MS. HUGHES:

9 Q. Did I understand your testimony earlier to be
10 that reserves, which are sometimes called free surplus for
11 traditional domestic companies, can never be used for
12 administrative costs?

13 A. As far as I'm aware they can be used directly.

14 MS. HUGHES: Okay. Thanks.

15 MS. HENKIN: Anything else?

16 MS. RICHARDSON: I just had a question.
17 You said directly. Can you just embellish that a
18 little bit?

19 MR. SCHULTZ: I don't think we can say
20 oh we're running over our budget for this year we'll
21 just take that out of reserves. It all -- it's a bit
22 of a difficult question to answer because it all kind
23 of comes from the same bucket eventually, right. We
24 have a rate, we have costs, we have claims, and we're
25 either running above or below that.

1 CHAIRMAN GOBEILLE: So not to talk to
2 you about this but to talk to the public that's here
3 because you can't really talk about this, I think
4 what's important to remember is that there has been
5 state action involving an insurance company in our
6 state, and that the way that it works we don't wait
7 until there's no surplus and no employees and no
8 filing cabinets left to go in and rescue an insurance
9 company. It's a systemic approach by state
10 government where the state actually takes over the
11 company and runs it for a period of time using
12 surplus at that point for whatever is deemed
13 necessary to take care of the member benefits, and so
14 the company wouldn't have any say at that point
15 because probably the Board of Directors and the CEO
16 would have been sent packing and probably this
17 happened last maybe when you were around.

18 So it's a complicated regulatory
19 enforcement mechanism that happens when something
20 like that happens, and it wouldn't be up to the
21 current actuary as to where the money went. So I
22 don't want to leave the public thinking that that's
23 the way it would work, and we can talk about it.
24 They just can't. So you were totally on solid
25 ground.

1 MS. HENKIN: Anything else? Anything
2 else from the HCA?

3 MS. RICHARDSON: No.

4 MR. HOGAN: Just a quick comment. Your
5 testimony was very clear and very helpful.

6 MS. RICHARDSON: Yes. Thank you.

7 MS. HENKIN: Thank you, Paul. Next
8 we'll hear from the Department of Financial
9 Regulation about the solvency.

10 CHAIRMAN GOBEILLE: Or we won't hear.

11 (Mr. Chieffo was duly sworn.)

12 MR. CHIEFFO: Good afternoon everyone.
13 Again good late morning. My name is Ryan Chieffo
14 C-H-I-E-F-F-O. I am an Assistant General Counsel for
15 the Department of Financial Regulation. I'm
16 Commissioner Donegan's designee here today for the
17 hearing.

18 The Department's role here for these
19 rate review -- for this process is to provide the
20 Board with our analysis and opinion on whether Blue
21 Cross's rate as filed how that may affect their
22 solvency. This role is defined in statute, along
23 with your role as well, as part and parcel of the
24 whole review process. It is also consistent with a
25 larger solvency and regulatory role that the

1 Department has for all insurers that operate in
2 Vermont, and that is to ensure the solvency of the
3 insurers, the stability of the insurers, and the
4 stability of the insurance market, and that the
5 Department views and I think can be viewed
6 objectively as a vital consumer protection function.

7 As has been pointed out there is -- it's
8 exceedingly rare to see a Vermont insurer to become
9 insolvent, and the Department in its role, which it's
10 had for many years, along with a comprehensive effort
11 of state government, as Mr. Gobeille pointed out, I
12 think takes a lot of pride in that, and it's
13 important that it stay that way.

14 Blue Cross for its part is one of our
15 Vermont domestic insurers. It also insures the
16 lion's share of Vermonters in the commercial major
17 medical market, and so I think that really points to
18 why our solvency analysis is quite rigorous.

19 Solvency is a complicated dynamic and
20 prospective analysis. The prospective idea is very
21 important and I think it speaks to the value that the
22 Department provides in that arena -- in the solvency
23 arena. I think it does a disservice to Vermonters to
24 view solvency from purely historical terms even if
25 that is, you know, a publicly available annual

1 statement only six months old. You're still looking
2 at information that's purely past, and things are, as
3 we've talked about, quite dynamic.

4 I think the value that the Department
5 provides is that we have access to the company, to
6 the books and records of the company, to the
7 executives of the company, to management, to the
8 actual physical space in the company through our
9 examinations and on-site examinations. Additional
10 reporting, reporting on demand, you know, governance,
11 material transactions, just a whole host of tools and
12 information at our disposal that goes beyond
13 financial reporting that allows the Department to
14 understand and monitor solvency on a going forward
15 basis, and how that solvency might move in the
16 future; and as we have heard a lot about it's very
17 difficult to pin that down. It's almost impossible
18 to pin down an exact correct rate for any given 12
19 month period, and then add on to that
20 unpredictability. You know all of these potential
21 unforeseen events ranging from utilization, you know,
22 the mysterious flu pandemic or any other unexpected
23 event along those lines, membership, you know, those
24 all factor into why it's difficult to pin down
25 solvency, but at the end of the day, you know,

1 insurance is a risk business; and, you know, as Dr.
2 Ramsay pointed out, we don't -- and Dr. Gobeille --
3 Mr. Gobeille in Vermont --

4 CHAIRMAN GOBEILLE: I love DFR, man.

5 MR. CHIEFFO: Maybe that wasn't subtle
6 enough. But we don't wait until it's too late. We
7 don't wait until, you know, Vermonters who rely on
8 strong stable insurance companies to pay their claims
9 are in real financial trouble.

10 So I think that was recognized by the
11 Legislature when they came up with the current
12 framework for rate filings and rate reviews. You
13 know everyone here plays a very important role, and I
14 think the Legislature recognized that if a solvency
15 analysis of these companies were as straightforward
16 as taking a previous financial statement, annual
17 statement, isolating a risk based capital ratio and
18 then just pointing to that as solvency or as a proxy
19 for solvency, you know I don't think the Department
20 would be needed. We know that everyone can attain
21 that information.

22 We've talked about whether it can be
23 spoken about here. I think the value that the
24 Department adds is in the additional rigor and
25 analysis and access and information that we have to

1 color our understanding of solvency. That being
2 said, you know with respect to today's matter the
3 Department submitted our solvency opinion for the
4 rate, the initial rate as filed, and the conclusion
5 to that opinion was that the rate would likely have
6 the effect of maintaining the current level of Blue
7 Cross's solvency, which the Department finds to be
8 both adequate and necessary.

9 Subsequently, as has been spoken about,
10 the actuaries agreed to a number of things that
11 lowered that rate to I believe it's 7.2 percent
12 average increase, and that does not change the
13 Department's conclusion. A 7.2 percent average
14 increase will likely operate and maintain Blue
15 Cross's current level of solvency, again which the
16 Department has a range within that risk based capital
17 solvency band which we find to be appropriate and
18 necessary, and I'm happy to take any questions about
19 our solvency opinion.

20 MS. HENKIN: Let's go to the Board here.
21 Con, I see your hand up first.

22 MR. HOGAN: If the Board were to reduce
23 the 7.2 percent further, what is the process for DFR
24 weighing in?

25 MR. CHIEFFO: I don't think there is a

1 specific process laid out in statute. We have not
2 been asked at any point since the current framework
3 has been in place to opine on a final rate after it
4 has been changed by the Board. I think the DFR would
5 absolutely be willing to accommodate any requests for
6 more information or an additional opinion. We're
7 always happy to weigh in, do our part.

8 MR. HOGAN: Thank you.

9 MS. RAMBUR: So as you probably heard me
10 say yesterday I think of these domains and
11 responsibility that we have so DFR has a
12 responsibility for solvency, and we as the Board have
13 the responsibility for solvency and affordability,
14 and we look at rate increases. So that rate
15 increase, whatever it is, ends up being the floor for
16 the next year.

17 So in thinking about this it's two
18 wings, right. So if we look at contribution to
19 reserve going from 2 to 1, that makes it potentially
20 more affordable. Are you prepared at this point to
21 talk about your advice on solvency with that or would
22 that take additional analysis? I think similar to
23 your question because your responsibility is
24 solvency, and if I were in your shoes, I would say
25 the more the better because the more there is

1 reserves the greater the cushion for solvency, but we
2 have this teeter totter that we're on.

3 MR. CHIEFFO: If I can hope to better
4 understand your question --

5 MS. RAMBUR: My question is could you
6 comment now, would you find one percent to be a
7 threat to solvency?

8 MR. CHIEFFO: I don't think I can
9 comment on that specifically. There is a lot of
10 analysis that goes into it. You know what I would
11 point out is that I suppose in a vacuum, you know,
12 having our role narrowed to solvency and providing an
13 opinion for your benefit of solvency could I suppose
14 in a vacuum indicate the more the better.

15 What the Department won't do is advocate
16 for an increasing rate to promote solvency. You
17 know, with what you're saying I suppose taken to an
18 extreme it should be a thousand percent every year
19 without fail. You know that would certainly, you
20 know, help solvency. The Department for many, many
21 years before the current framework was in place was
22 in your shoes to a large extent with affordability
23 and making sure rates were not excessive, were not
24 inadequate, were not unfairly discriminatory, et
25 cetera, and further there is -- there is a role for

1 the Department as regulators with respect to
2 insurance that goes beyond this particular rate
3 review process, and that does speak to aligned
4 incentives for the Department along with the Board.
5 You know we don't want to see rates be too high. We
6 don't want an unstable market. We do want Vermonters
7 to have access to good and affordable insurance.

8 You know it is for you to decide here
9 today and with all the information before you how to
10 balance some competing interests. Our role for your
11 benefit is to speak about the solvency, but I don't
12 think that the Department is on an ever upward trend.

13 MS. RAMBUR: Thank you.

14 DR. RAMSAY: Well you answered my
15 question. I was just going to ask is there a ceiling
16 and you said there is a ceiling for DFR that -- to
17 risk based capital or to your understanding of the
18 concept of solvency. So I'm reassured.

19 MR. CHIEFFO: Maybe if I could even, you
20 know, add to that. You spoke before to Mr. Schultz
21 about that, and I think in addition to Blue Cross
22 opining that they would seek, if their risk based
23 capital level and their overall solvency, you know,
24 were increasing beyond the range that the Department
25 has agreed to for Blue Cross and has monitored very

1 closely for many years, the Department would demand,
2 you know, that something be done. We would ask them
3 and we would have them sit down with us and
4 understand how they do plan to get into the range.
5 You know I think that's fair to ask, and I think that
6 as much as, you know, we're happy to sound the alarm
7 when things get to the low end of the range and
8 certainly beneath the range, it is our responsibility
9 as well to stay within the range we've set for good
10 reason. It's appropriate and it's necessary, but we
11 don't want to be on an ever upward trend.

12 DR. RAMSAY: Thank you.

13 CHAIRMAN GOBEILLE: You basically just
14 answered my question which was for the people here,
15 you know, sort of in your own words your role is not
16 just simply to send me a letter every year on Blue
17 Cross's rates in this case. It's to monitor this at
18 all times, and if there's ever an issue, you're the
19 fire department as I see it. We are not, and so I
20 think it's important that the public understand that,
21 that if it was ever to drop below a level that you
22 thought it should not go below, that you do take
23 action and you have a role in this that is almost
24 managerial at some point if that was to happen to an
25 insurer. Not to say that is the case with Blue Cross

1 at this point at all, but just so that people
2 understand your role is not just simply to drop in
3 once a year and say don't cut their rate.

4 MR. CHIEFFO: And that's correct and I
5 appreciate that clarification, and I would add that
6 what you're describing is defined statutorily. We do
7 have that role when things get bad. I would say that
8 we also have the ability and the authority to help
9 mitigate any circumstance that might cause it to get
10 bad. So, you know, more informally before we get to
11 the point where there is official supervision or
12 actual rehabilitation of a company where the
13 Department is coming in potentially axing management
14 and taking over, there is a lot of access and ways
15 the Department has to influence, you know, a company
16 that will help it avoid that scenario.

17 CHAIRMAN GOBEILLE: Thank you.

18 MS. HENKIN: Dr. Holmes.

19 MS. HOLMES: I'm set. Thank you.

20 MS. HENKIN: Okay. I'll allow -- I'm
21 sorry. We went to the Board first on this, but if
22 you have questions.

23 CROSS EXAMINATION

24 BY MS. HUGHES:

25 Q. So you heard the testimony earlier about the

1 four agreed modifications to the rate bringing it to 7.2
2 percent?

3 A. Yes.

4 Q. And does it continue to be the Department's
5 opinion that the requested rate component should not be
6 further reduced unless L&E, the Board's actuary, makes a
7 finding that that would lead to excessive rates?

8 A. Yes. Everything about our opinion maintains
9 -- remains the same. So yes.

10 Q. And were you provided a copy with the NovaRest
11 report?

12 A. I have seen -- I think there was an updated
13 report as of a few days ago and yes I have seen that.

14 Q. And does the Department agree with Ms. Novak's
15 assessment of Blue Cross's CTR request in this filing?

16 A. No. We do not for two reasons. Specifically,
17 you know, that there is sort of an open ended, you know,
18 recommendation that the CTR might be lowered. We just
19 generally disagree. As has been discussed up to this
20 point, you know, there's been an aggregate I guess over
21 the past four or so years of actual unexpected CTR, and
22 you know overall level of income to what's been spent out
23 that has been a net negative, and what we need to see,
24 what the Department wants to see in this case is aligned
25 with Blue Cross which is a slight positive.

1 Speaking about, you know, what is the very
2 long term and how that might impact solvency, you know, if
3 nothing else were to adversely shock the system to say,
4 you know, it may be a number of years that these slight
5 decreases on that may do anything to solvency, but those
6 slight decreases coupled with an unpredictable event of
7 any sort, you know, exacerbates that possibility. You
8 know there's always risk. Even a very, very healthy, even
9 a very net positive over many years there is still risk of
10 some major event. So we would generally like to see that
11 be positive, and the 2.0 percent, which I think was stated
12 to be something around 1 percent of the actual rate
13 increase, you know, should not be changed.

14 More fundamentally, though, you know to the
15 extent that the contribution to surplus is influenced by
16 the actuarially defined derived portions of the rate we
17 certainly welcome the actuaries to weigh in on that. The
18 Department does not use actuaries in its solvency
19 analysis, and so to the extent that contributions to
20 surplus is influenced by those portions that actuaries can
21 speak to we are happy with that and we welcome that.
22 However, to come at a contribution to surplus
23 recommendation from solvency and have an assertion that
24 solvency is strong, certainly solvency is strong based on
25 a risk based capital ratio, we take issue with that. You

1 know as I've described, you know, maybe until everybody's
2 ears hurt, the Department has access to a tremendous
3 amount of confidential information, and we zealously guard
4 that information as confidential because of its risks to
5 the market should it become public. That information
6 allows us to do our job and understand and monitor
7 solvency, and to have the actuary without access to that
8 information also opine on solvency I think is
9 inappropriate, and I think presents an inadequate picture
10 for the Board.

11 So in that sense certainly I think that we
12 disagree with the NovaRest actuary's opinion on the
13 contribution to reserve from that perspective.

14 MS. HUGHES: Thank you.

15 MS. HENKIN: Lila, do you have any
16 questions?

17 CROSS EXAMINATION

18 BY MS. RICHARDSON:

19 Q. I had one question based on your testimony
20 about the range again. I'm not speaking about any
21 particular RBC values. Did I understand you to say that
22 DFR has agreed with Blue Cross Blue Shield that this is an
23 appropriate range for them, the range that was testified
24 to by their witnesses?

25 A. Yes. That's correct.

1 MS. RICHARDSON: Thank you.

2 MS. HENKIN: Thank you very much.

3 MR. CHIEFFO: Thank you all very much.

4 MS. HENKIN: At this time we are going
5 to continue, although it's getting close to noon.
6 The next witness is going to be Jackie Lee from L&E,
7 and, Michael, I'll turn that over to you.

8 MR. DONOFRIO: For the record I'm Mike
9 Donofrio, the Board's General Counsel. I will
10 briefly examine Jackie Lee who is the Board's
11 contract actuary just to establish sort of who she is
12 and the work that L&E has done for the Board in this
13 case, and then Ms. Lee will be available for
14 questions from both sides and from the Board Members.

15 MS. HUGHES: May I make a suggestion?
16 We are willing to take administrative notice or have
17 you take administrative notice of Ms. Lee's testimony
18 yesterday about her background and qualifications if
19 the Health Care Advocate is of similar mind.

20 MS. RICHARDSON: I don't believe her
21 qualifications and experience have changed
22 significantly since yesterday, so I agree that would
23 be -- except for testifying at one more hearing. So
24 I would agree that would be an efficient way for the
25 Board to proceed and we are in agreement with it.

1 MS. HENKIN: That's great. Thank you.

2 JACKIE LEE,

3 Having been duly sworn, testified

4 as follows:

5 DIRECT EXAMINATION

6 BY MR. DONOFRIO:

7 Q. Could you just state your name and occupation
8 for the record please?

9 A. Jackie Lee and I work for Lewis & Ellis as a
10 vice president and consulting actuary.

11 Q. How long has Lewis & Ellis been engaged by the
12 Green Mountain Care Board to assist the Board in its rate
13 review function?

14 A. Since January 1, 2014.

15 Q. And over that time about how many filings have
16 you reviewed?

17 A. In 2014 we performed 25 rate reviews. In 2015
18 we have completed 6 and we have 3 ongoing including this
19 one.

20 Q. Great. Could you explain how Lewis & Ellis
21 staffed the review of the rate filing before the Board
22 today?

23 A. Sure. To staff this review we have several
24 levels of reviewers. The first, who we call our primary
25 reviewer for this filing, was Josh Hammerquist. He is an

1 Associate in the Society of Actuaries. He has worked on
2 all Blue Cross Blue Shield rate filings since January
3 2014. We have established this standard so that we can
4 gain efficiencies on the filings and also develop a good
5 working relationship with the actuaries at Blue Cross Blue
6 Shield of Vermont.

7 During that time he is generally the primary
8 correspondent with the actuaries at Blue Cross Blue Shield
9 of Vermont, and he reviews their -- he writes their letter
10 -- the letters to the company asking questions about the
11 initial filing and any other correspondence that we had
12 with them in writing, and reviews their responses.

13 We will pick up the phone and talk to them
14 about their responses and have verbal communication with
15 them on a fairly often basis throughout this time frame.
16 Most of that correspondence is clarification, and if there
17 is anything that arises during those conversations that we
18 feel need to be clarified further in writing for our use,
19 the Board's use, or anyone in the public or Health Care
20 Advocate, we then will submit another inquiry letter with
21 those questions so that they can be documented. That
22 explains why we have so many letters back and forth for
23 clarification on certain topics.

24 Next level of review is myself. I review both
25 Blue Cross's filings and MVP filings and have done so for

1 every filing since 2014, and my role is to get down into
2 the issues with Josh in this instance for this filing,
3 make sure that we both agree on any potential
4 recommendations or issues with the filing, and provide a
5 first level of overall consistency between the two
6 carriers, or where we have CIGNA outside of the Affordable
7 Care Act filings make sure there's consistency throughout
8 the State of Vermont and their filings.

9 The final level of review is David Dillon. He
10 makes sure that we agree with all of our recommendations.
11 We work with several states, as discussed yesterday, that
12 he helps identify that are federal interpretations of the
13 law, and other generally accepted actuarial practices are
14 consistent throughout all the states that we work with,
15 and make sure that our recommendations are in line with
16 what we would do in other states, but also being very
17 specific to what the issues are directly in Vermont.

18 When we do a review of our filing we review
19 all assumptions. There are a lot of them and there's a
20 lot of data in their filings. We review everything that
21 we can to understand it individually, make sure that we
22 agreed with each assumption individually, but we also take
23 a step back and look at everything in the aggregate to
24 ensure that the final rates and the final overall decision
25 and rate increase or decrease of the filing is appropriate

1 and reasonable.

2 Q. Thank you. Are you familiar with the
3 documents in the binder in front of you?

4 A. Yes, I am.

5 Q. And do you remember earlier exhibits 1 through
6 17 were admitted into evidence?

7 A. Yes, I do.

8 Q. Have you had -- in the course of your work on
9 this case have you reviewed all of those documents?

10 A. Yes, I have.

11 Q. Including the analysis from Miss Novak on
12 behalf of the HCA?

13 A. Yes, I have read that too.

14 Q. Okay. Can I point you to exhibit 14 please
15 which is the Lewis & Ellis analysis?

16 A. Yes.

17 Q. And I assume you are very familiar with that
18 document?

19 A. Yes, I am.

20 Q. Could you turn to page 2?

21 A. Okay. I am on page 2.

22 Q. Okay, and you see under the table there's the
23 standard of review section there?

24 A. Yes, I do.

25 Q. And I apologize to everyone because I'm going

1 to repeat myself verbatim from yesterday, and I'm sort of
2 picking up on Mr. Hogan's earlier question about
3 affordability. In performing the analysis you've
4 described for the Board would you agree that L&E's role is
5 to assist the Board in determining whether a number of
6 statutory elements have been met?

7 A. Yes, it is.

8 Q. And now I'm going to read you that list of
9 statutory elements just to confirm that in performing this
10 work Lewis & Ellis is assisting the Board in making sure
11 each of these items is met in the filing. So it's
12 determining whether the requested rate is affordable,
13 promotes quality care, promotes access to health care,
14 protects insurer solvency, is not unjust, unfair,
15 inequitable, misleading, or contrary to the law, and is
16 not excessive, inadequate, or unfairly discriminatory?

17 A. I agree.

18 Q. So the opinion provided by Lewis & Ellis in
19 this document encompasses those statutory elements. Is
20 that fair?

21 A. It is fair.

22 Q. Okay. Thank you. Let's move to page 10 of
23 the document please. The pages that we've skipped over
24 lay out your kind of step-by-step analysis of the filing,
25 correct?

1 A. That's correct.

2 Q. And on page 10 you've provided a series of
3 recommendations, right?

4 A. That is correct.

5 Q. Just to kind of move more quickly would you
6 just read what the four recommendations Lewis & Ellis
7 provided were?

8 A. Sure. We recommend reducing the total allowed
9 trend to 7.2, reduce the administrative cost to \$28.43, to
10 use an alternative method to calculate the insurer fee
11 which reduces the percentage to 2.6, and increase the
12 premiums for -- to account for the risk transfer payment
13 which is an overall decrease to the rates of .8 percent.

14 Q. Okay. And are those the same recommendations
15 that we've already heard testimony about from Blue Cross's
16 witnesses?

17 A. That's correct.

18 Q. And as we've heard, and I just want to confirm
19 from the source, Blue Cross Blue Shield, as well as the
20 HCA, agrees these recommendations should be made to the
21 rate, right?

22 A. Yes. As far as I'm concerned both parties
23 agreed to all four of these.

24 Q. Okay. And I believe Mr. Schultz testified
25 that the -- let me back up. The report states that after

1 the modifications the anticipated overall rate increase
2 will reduce from 8.6 to 7.3 percent, right?

3 A. That's what the report says. Yes.

4 Q. And I think Mr. Schultz testified that when
5 they ran the numbers the result was 7.2 percent. Do you
6 remember that?

7 A. Yes.

8 Q. Does that -- was his testimony -- was anything
9 about his testimony inconsistent with the analysis you've
10 performed?

11 A. No. They have a much more sophisticated way
12 of calculating their rate increase than we do. We make
13 estimations based on what we're hearing in the filing and
14 then generally rely on the actuaries at Blue Cross to put
15 a fine tooth comb through it and make sure it's completely
16 accurate. So it is not uncommon for our estimate to be
17 slightly different than their's.

18 Q. So does the 7.2 increase that resulted from
19 Blue Cross Blue Shield implementing these recommendations
20 in your opinion satisfy the statutory standard that I read
21 with all those words in it?

22 A. Yes, it does.

23 Q. Thank you. And you had an opportunity to
24 review the DFR solvency opinion that we've just heard some
25 testimony about, right?

1 A. Yes.

2 Q. And does anything about that change or alter
3 L&E's opinion?

4 A. No, it doesn't.

5 Q. And you've also had an opportunity to review
6 the HCA's report, right?

7 A. Yes.

8 Q. And same question there. Does that in any way
9 alter L&E's opinion?

10 A. No, it does not.

11 MR. DONOFRIO: I have no further
12 questions. Thank you, Ms. Lee.

13 MS. LEE: Thank you.

14 MS. HENKIN: Ms. Hughes.

15 MS. HUGHES: I will be very brief.

16 Thank you very much. That's it.

17 MS. LEE: Thank you, Ms. Hughes.

18 CROSS EXAMINATION

19 BY MS. RICHARDSON:

20 Q. I have one quick clarifying question about the
21 difference that seems to occur with some of the
22 mathematical calculations that you're doing --

23 A. Yes.

24 Q. -- in the final rate adjustment. Can I refer
25 you to page 4 of the report which is 233 in the binder?

1 A. Yes.

2 Q. And the section total allowed medical trend at
3 the bottom?

4 A. Yes.

5 Q. Okay. That indicates that the original trend
6 was 7.4 percent and your recommendation is a change to 7.2
7 percent?

8 A. That's correct.

9 Q. And then turning to page 239 in the binder you
10 talk about the net effect of reducing to 7.2 percent as a
11 negative .3 percent.

12 A. Yes.

13 Q. Is that part of the same --

14 A. Yes.

15 Q. -- phenomenon you were describing before?

16 A. Yes. I don't have a calculator with me, but
17 how that, I would imagine, that .3 percent was calculated
18 was taking 1.074 -- or pardon me. 1.072 divided by 1.074
19 minus 1, and unfortunately it does not add and subtract in
20 the same fashion that one is multiplied. That's math
21 unfortunately.

22 Q. The ultimate --

23 A. Yes. Same issue.

24 Q. -- recommendation is that the changes that you
25 have indicated should be made that would result in a 7.2

1 percent rate at the end rather than --

2 A. Our calculation shows 7.3, but that's, once
3 again, because we took 1 plus all of the changes,
4 multiplied them out, subtracted 1, whereas Paul Schultz's
5 or Martine's process was they went back to their exhibits,
6 actually made the changes in the appropriate places, and
7 then their final exhibit that they -- exhibit 22 was an
8 actual calculation. So that is the difference. Their's
9 is much more precise than ours.

10 Q. And the 7.2 percent final rate is more
11 accurate?

12 A. That is the more accurate based on their
13 calculation.

14 MS. RICHARDSON: Thank you. No further
15 questions.

16 MS. HENKIN: I'll go to the Board. I'll
17 start now with Alan.

18 DR. RAMSAY: No questions. Thank you,
19 Jackie.

20 MS. HENKIN: Betty.

21 MS. RAMBUR: No further questions.
22 Thank you.

23 MS. HENKIN: Con.

24 MR. HOGAN: Mike Donofrio answered my
25 question through Jackie so I'm satisfied.

1 MS. HENKIN: Thank you.

2 CHAIRMAN GOBEILLE: All set. Thank you.

3 Great work.

4 MS. HOLMES: Thank you.

5 MS. HENKIN: Thank you very much, and
6 we're going to still continue and power through so I
7 hope everybody is ready for that. We only have one
8 more witness for the day.

9 MS. RICHARDSON: So the HCA would call
10 Donna Novak.

11 MS. HENKIN: And I'll just start with I
12 would like to assume, because we do have a CV in the
13 packet, a resume for Ms. Novak, we can probably also
14 streamline here the qualifications of this witness
15 and that's what I would like to do here also. I hope
16 I don't hear any objections to that.

17 MS. RICHARDSON: That was our intention.
18 We had discussed it earlier.

19 MS. HENKIN: Thank you.

20 MS. RICHARDSON: The only thing that I
21 would note is that it's the same CV that was
22 presented yesterday in connection with the MVP
23 hearing and it's exhibit 16 of this filing.

24 MS. HENKIN: She's testified once more
25 since then.

1 MS. RICHARDSON: Right, but other than
2 that there are no changes.

3 MS. HENKIN: Thank you.

4 DONNA NOVAK,

5 Having been duly sworn, testified
6 as follows:

7 DIRECT EXAMINATION

8 BY MS. RICHARDSON:

9 Q. Just to get us oriented could you not go
10 through your entire CV but state your name and address?

11 A. Donna Novak, 156 West Kalle Guija, Sahuarita,
12 California.

13 Q. And where are you employed?

14 A. At NovaRest Consulting. NovaRest, Inc.

15 Q. And did you perform review of the filing in
16 this matter?

17 A. Yes, I did.

18 Q. Could you describe the procedures you followed
19 in performing your actuarial review and analysis of the
20 filing?

21 MS. HENKIN: And also speak into the
22 mike please.

23 A. First I reviewed the original filing. I
24 received that along with the exhibits associated with it.
25 I reviewed it making note of anything that I thought might

1 be an issue where I needed further explanation about.
2 Then I reviewed the Lewis & Ellis objections as they came
3 in and the responses as they came in noting if any of the
4 answers either answered my original issues or resulted in
5 a rate change, there were a number of those, and then some
6 of my issues still were not answered so I submitted
7 questions that were then forwarded on to Blue Cross Blue
8 Shield.

9 I believe I only had one set of questions. I
10 might have had two. I don't actually remember right now.
11 I think I only had one set that I received answers from
12 and then I prepared my report of my findings.

13 Q. And can I refer you to exhibit 16 in the
14 binder?

15 A. Yes.

16 Q. And is that the report that you prepared that
17 you just referred to?

18 A. Yes, it is.

19 Q. I think your first answer went through some of
20 this material, but could you summarize the sources of data
21 and information that you used in preparing your report and
22 doing your analysis?

23 A. The original filing, the objections, the
24 answers to the objections, the Department of Financial
25 Regulation solvency report, the annual statement, the 2014

1 annual statement of Blue Cross Blue Shield of Vermont and
2 their supplemental health care exhibit.

3 Q. And did you also review the actuarial opinion
4 from Lewis & Ellis?

5 A. Yes.

6 Q. So just referring to the exhibit list at the
7 front of the binder, exhibits 1 to 17, are you familiar
8 with those?

9 A. Yes, I am.

10 Q. Do you have any process of peer review as part
11 of your analysis of the filing?

12 A. Yes, I do. Another senior actuary with my
13 firm, Rick Diamond from Maine, did a peer review of this
14 filing and he reviewed all of the objections as well as my
15 report.

16 Q. Okay. And are the data and the information
17 that you relied on in preparing your testimony the type
18 that is reasonably relied on by actuaries in reviewing
19 health insurance rate filings?

20 A. Yes.

21 Q. My binder is kind of falling apart here so if
22 I can just take a minute so that I don't -- you've
23 identified exhibit 16 as your report. Did you come to any
24 conclusions after reviewing Blue Cross Blue Shield of
25 Vermont's filing?

1 A. Yes. There were three identified and agreed
2 upon adjustments in the objections that I concluded were
3 appropriate. There was an additional adjustment in the
4 Lewis & Ellis report that was reasonable in my estimation,
5 and then I had one additional concern that I opine on in
6 my report and that was -- dealt with the impact of the
7 previously large, now considered small, group range of 51
8 to 100.

9 Q. Okay. Did you also come to any conclusions
10 about Blue Cross Blue Shield's solvency as part of your
11 analysis?

12 A. Yes. I did a very basic estimate of impact of
13 lowering the contribution to reserve on their solvency and
14 felt that it could be lowered.

15 Q. Okay. We'll go into those specific findings
16 in more detail. I just wanted to review the Lewis & Ellis
17 opinion exhibit 14 page 239 of your binder. Just to
18 clarify that we're all talking about the same thing
19 there's a section that is labeled recommendation?

20 A. Yes.

21 Q. And you indicated that you had reviewed and
22 agreed with Lewis & Ellis recommendations?

23 A. Yes.

24 Q. Are the ones listed in that paragraph the ones
25 that you're referring to?

1 A. That's correct.

2 Q. So you agree with the recommendations and the
3 associated rate reduction --

4 A. Yes, I do.

5 Q. -- that is involved with them? Okay. I would
6 now skip a few pages since that's not -- you have agreed
7 to all the Lewis & Ellis recommendations, and turn to
8 again exhibit 16 your actuarial report, and I'm going to
9 direct you to pages -- bottom of page 251 to page 252 in
10 the binder, which are pages 6 and 7 of your report. Are
11 you there?

12 A. Yes.

13 Q. Okay. Is this part of the report the section
14 where you discuss the issue of Blue Cross Blue Shield's
15 assumptions about what will happen with the new part of
16 the small group market?

17 A. Yes.

18 Q. Try to move through this quickly. Could you
19 read the first paragraph on page 252, the top?

20 A. Okay. That was from the actuarial memorandum
21 Blue Cross Blue Shield. Says in 2016 the definition of
22 small group will change to include groups with 51 to 100
23 employees. These groups will either have to offer QHPs or
24 move to a self-funded alternative. We assume that only
25 groups that would realize lower premiums by choosing QHPs

1 would join the risk pool.

2 Q. And just to repeat you prefaced it by saying
3 this is a quote from the actuarial memorandum from Blue
4 Cross Blue Shield about the assumptions that they made in
5 the filing?

6 A. Yes. It is from page 9.

7 Q. Okay. Then I would ask you to read the next
8 paragraph of the report beginning with although groups.

9 A. Although groups of 50 to 100 employees may ask
10 for a quote on self-funded product, many of the groups
11 will be risk adverse enough to stay with the insured
12 product. Also many small groups will not have the staff
13 or knowledge to take on the issues that accompany being
14 self funded, although many actuaries speculate that
15 eventually many healthy groups will opt for self funded
16 and then when someone becomes sick the group will purchase
17 in the guaranteed issue coverage market on the exchange.
18 They also believe that the migration to the self funded
19 will be gradual and not complete.

20 Q. Does that paragraph summarize the issues that
21 you have or the concerns you have about the assumption
22 Blue Cross Blue Shield made in its filing?

23 A. Yes.

24 Q. Okay. And are you recommending any adjustment
25 to the rate as filed as a result of the analysis that

1 you're making about this assumption?

2 A. Yes. I'm recommending a .25 percent decrease.

3 MR. HOGAN: Would you repeat that?

4 A. I am recommending a .25 percent decrease.

5 Q. And could you explain how you developed that
6 .25 percent reduction recommendation?

7 A. Well I didn't divide .5 which had been the
8 estimate provided by Blue Cross Blue Shield of what the
9 impact would be if the whole healthier population entered
10 the QHP. What I thought about was what percentage of the
11 small groups would actually choose to go self funded
12 versus remain with an insured population.

13 In other states, especially in other years,
14 couple years ago, I would have expected a very, very small
15 percentage to go self funded. I worked at Trustmark
16 Insurance Company and we had designed a partially
17 self-funded product just for this purpose and it didn't
18 sell like hotcakes, but I realize that there are a lot of
19 creative self-funded products out there now, and in answer
20 to my question to Blue Cross Blue Shield I believe Mr.
21 Schultz answered many of the same arguments he testified
22 to that Vermont's different and so I accepted that. That
23 Vermont has maybe a more active broker community that is
24 presenting these products and has some products in the
25 marketplace.

1 So then I thought well does that mean that so
2 few are actually going to remain in the insured market
3 that I don't even need to bring this issue up, and I
4 really felt that having worked with small groups, I worked
5 placing insurance when I was with Mercer for a while, and
6 we -- in trying to solve the problem with the uninsured,
7 I've worked with small groups in that arena, they still
8 are risk adverse and they have a tendency to stick where
9 they are, and this is a new decision for many of them, or
10 if it's an old decision these groups are the ones that
11 decided to stay insured and not going go to the self
12 funded. So I thought well no I don't think it's going to
13 go that far.

14 So not knowing if it was going to be a lot or
15 a few I had no choice but to pick the middle, and taking
16 into consideration morbidity and percentage of groups and
17 everything I still felt that would have been my best
18 guess. We don't know what's going to happen, but that was
19 my best estimate and my recommendation.

20 Q. Okay. You just referred to the fact that you
21 listened to testimony from Paul Schultz today about this
22 issue and you heard what he testified to?

23 A. Right. It was very similar to what he said in
24 answer to my objection.

25 Q. And when you referred to your objection you're

1 referring to one of the objection letters from Blue Cross
2 Blue Shield?

3 A. July 1.

4 Q. July 1 response. Okay. Did the testimony
5 today change your recommendation about this particular
6 point?

7 A. No.

8 Q. Now moving to the next part of your
9 recommendation I would direct you to page -- everybody to
10 find page 254 of the binder. We'll be referring to that.

11 MS. HENKIN: Can I ask both Lila and
12 Donna to speak up and clearly. Your voices are
13 trailing off and people can't hear.

14 BY MS. RICHARDSON:

15 Q. Yesterday you testified some about your
16 experience in reviewing the solvency of health insurance
17 carriers and your work. Did you review that experience
18 again?

19 A. Okay. I actually did the modeling for the
20 health risk based capital formula as part of an Academy of
21 Actuaries project. We developed the original
22 recommendation for health risk based capital for the
23 Association of Insurance Commissioners which they took
24 with minor modification and implemented.

25 I, working at Blue Cross Blue Shield

1 Association, monitored the solvency of Blue Cross Blue
2 Shield plans that were getting into the monitoring levels
3 that Blue Cross Blue Shield Association has monitoring
4 their plans and the impact on their solvency.

5 I headed the group at the Academy of Actuaries
6 until very recently called the Solvency Work Group that
7 worked with the National Association of Insurance
8 Commissioners with recommendations on how to handle the
9 new risk to solvency presented with the implementation of
10 ACA.

11 Q. In connection with this filing did you review
12 any materials to try to assess the solvency of Blue Cross
13 Blue Shield?

14 A. Yes. Their 2014 financial statement.

15 Q. And is there a particular part of the 2014
16 financial statement that you worked with in developing
17 your analysis and recommendation?

18 A. I looked at a number of parts, but the one
19 that had the most impact on would be the five-year
20 financial data, financial historic financial data.

21 Q. And I direct you to page 268 of the binder,
22 which is page 23 of your report, and ask you if that's the
23 five-year historical chart that you're referring to?

24 A. Yes, it is.

25 Q. And just to clarify terminology when you talk

1 about financial statement are you referring to the 2014 --
2 something that's sometimes called the 2014 annual
3 statement --

4 A. Yes.

5 Q. -- Blue Cross Blue Shield? Okay. And looking
6 at that historical data chart on page 268 is there
7 particular information in that document that's relevant to
8 your analysis about solvency?

9 A. There are two rows, row 14 which is the total
10 adjusted capital and row 15 which is the authorized
11 control level risk based capital.

12 Q. Okay, and to back up one step is this chart
13 and annual statement a public document?

14 A. Yes. Absolutely.

15 Q. Do you have access to those documents for
16 different insurers?

17 A. For all the insurers. Yes.

18 Q. So why are the two lines that you have
19 indicated, lines 14 and 15, relevant to analysis about
20 solvency?

21 A. When calculating the risk based capital
22 percentage the total adjusted capital is the numerator and
23 the authorized control level risk based capital is the
24 denominator.

25 Q. And you're referring to something called risk

1 based capital. Can you explain briefly what that is?

2 A. Risk based capital percentage is the ratio of
3 the total adjusted capital. There's minor adjustments to
4 the balance sheet capital, and a measure of the risk that
5 the company is taking on that measure of risk is
6 determined by a very complicated formula. It's primarily
7 driven though by health care claims. It's -- I might add
8 too it's a regulatory tool that many regulators use as one
9 of their tools to determine if there's a problem with
10 solvency or if there's a potential to have an insolvent
11 situation.

12 Q. Now I would like to go back to page 254 of
13 your report in the binder, and ask you if you could
14 explain what the chart is in the middle of that page
15 without reading any particular numbers contained in that
16 chart because they have been labeled confidential.

17 A. Absolutely. It reiterates the two rows from
18 the five-year historic data, but then it also performs the
19 division in order to determine the risk based capital
20 percentage.

21 Q. And did you make those calculations in the way
22 you have described?

23 A. Yes, I did.

24 Q. I would like -- still staying with page 254 of
25 the binder I would like to ask you to read the first

1 paragraph of your report on page 254?

2 A. Since Blue Cross Blue Shield of Vermont's
3 solvency level is strong and improved in 2014 over the
4 level in 2013 and will improve with the receivables from
5 the reinsurance risk adjustor receivables, our reduction
6 in the rates would not be a threat to the Blue Cross Blue
7 Shield of Vermont solvency.

8 Q. And again we will skip over any numbers in the
9 actual chart and ask you to read the paragraph immediately
10 following the chart beginning with in fact.

11 A. In fact, we believe that their contribution to
12 reserve could be reduced from 2 percent filed without
13 threat to their solvency.

14 Q. Did you base those conclusions on the analysis
15 that you performed in the chart?

16 A. Yes.

17 Q. And do the two paragraphs that you just read
18 summarize your conclusions about how the solvency of Blue
19 Cross Blue Shield relates to an appropriate amount of
20 contribution to reserves for this filing?

21 A. Could you repeat that question?

22 Q. Okay. Did these parts of the report summarize
23 your conclusions about what contribution to reserves is
24 appropriate for the filing, the two paragraphs you just
25 read?

1 A. I don't think these actually state what I
2 think a contribution to reserve should be. I mean I don't
3 think I opine on a particular level of contribution to
4 reserve. Just that it could be reduced.

5 Q. Okay. And that's your -- a summary of your
6 opinion about contribution to reserves?

7 A. Right.

8 Q. Could you explain why you believe that the
9 contribution to reserves of 2 percent could be reduced as
10 you've stated in your report?

11 A. I'm sorry. I don't have the citing, but the
12 actual annual opinion I believe stated that a 1.52 percent
13 contribution to reserve would maintain the current level
14 of solvency or risk based capital. I'm sorry. I didn't
15 include that cite in here. So to maintain it, it could be
16 reduced from 2 to 1.52, and then additionally I did a very
17 basic calculation of what further decreases could be
18 allowed and still stay well within the range, the target
19 range.

20 Q. Do you believe that it's necessary for Blue
21 Cross Blue Shield to maintain solvency level from the
22 current levels shown in the chart?

23 A. To maintain that exact level?

24 Q. That exact level. That same level.

25 A. No, I don't think it's important they maintain

1 that exact level.

2 MS. HENKIN: Can I ask again that you
3 speak up? There's also a truck behind us.

4 A. I'm sorry. It echoes in my ear so much, but
5 I'll let it echo.

6 Q. I'm going to just for everybody's review of
7 this making sure that we have the information on the
8 appropriate pages, could I ask you to turn to page 38 of
9 the binder, and is this page the source of your
10 understanding that Blue Cross Blue Shield says that
11 contribution to reserves of 1.52 percent would be required
12 to maintain RBC level?

13 A. Yes. I found it in the second paragraph of
14 that page.

15 Q. And this refers to contribution to reserve
16 level based on the original filing; is that correct? This
17 is an actuarial memo from the original filing?

18 A. Yes.

19 Q. Is it accurate to say that if the medical
20 trend has been reduced as a result of the agreements that
21 have been made after the Lewis & Ellis analysis that that
22 level could be reduced slightly?

23 A. Any impact on claims levels because that
24 drives risk based capital including lower trends would,
25 right, would require a lower risk based capital -- would

1 lower the risk based capital requirement.

2 Q. So is it your opinion that, again summarizing
3 the analysis that you have done, that the level of
4 solvency as reflected in the RBC is high enough that Blue
5 Cross Blue Shield could reduce their contribution to
6 reserves and still stay financially strong and within the
7 RBC target levels that they have testified to?

8 A. Yes. They could.

9 MS. RICHARDSON: I don't have further
10 questions.

11 MS. HENKIN: Ms. Hughes.

12 MS. HUGHES: Thank you.

13 CROSS EXAMINATION

14 BY MS. HUGHES:

15 Q. So, Ms. Novak, how many major medical filings
16 have you prepared for participants in the Vermont
17 marketplace?

18 A. Prepared none.

19 Q. And have you worked with any Vermont brokers
20 on getting insurance coverage or self-insured programs put
21 together for anyone in the 51 to 100 category?

22 A. I've received information from the attorneys
23 at the Health Plan Advocates. They had some discussions
24 with brokers. I have not had personal discussions. I
25 used the information they provided to me.

1 Q. So your answer is no you have not worked with
2 brokers in the 51 to 100 category in Vermont?

3 A. I have not had any contact with brokers. No.

4 Q. Are you familiar with the extent of early
5 renewals that took place in 2014 in Vermont?

6 A. Not the specifics, but I understand that there
7 were as in many, many states.

8 Q. And are you familiar with the DFR bulletin on
9 early renewals that was issued in 2015 with respect to the
10 2016 calendar year?

11 A. No, I don't believe I've seen that.

12 Q. And are you familiar with any captives that
13 have been used by groups to procure stop loss or other
14 coverages to compliment their self-insured programs in
15 Vermont?

16 A. I'm aware through the answer to the
17 objections, as well as Mr. Schultz's testimony, that they
18 exist. I'm not familiar with their exact names or signs.

19 Q. Are you familiar with the take uprate for the
20 CIGNA level funded products that are out there?

21 A. Only as generalized by Mr. Schultz's
22 testimony.

23 Q. So you're not personally familiar with that
24 take uprate?

25 A. No. I am not.

1 Q. And you stated that you worked for Trustmark
2 on self insured take up, and the question I have is, is
3 Trustmark engaged in business in Vermont?

4 A. No, it is not, and it was a partially
5 self-funded product. That was what it was called, and
6 they did not -- at the time I worked for them and I do not
7 believe today that they offer insurance in Vermont.

8 Q. Looking at CTR do your calculations include
9 any impact for 2015 as we know it to date?

10 A. My calculations were very basic, were not
11 detailed at all, and they gave me a comfort level where I
12 did not seek any further detail.

13 Q. So do you have access to any of the
14 confidential information that Mr. Chieffo referenced
15 earlier today in his testimony for the Department?

16 A. I wouldn't have access to any confidential
17 information except as was presented for this hearing.

18 Q. And is it your understanding that the
19 Department uses more than lines 14 and 15 at a given point
20 in time to perform a solvency evaluation of a domestic
21 company under their jurisdiction?

22 A. Absolutely.

23 Q. So they would do that for Blue Cross. They
24 wouldn't just look at lines 14 and 15 and do division?

25 A. Absolutely.

1 Q. Okay. So is it your testimony that -- strike
2 that. The number that you referenced on page 38, Blue
3 Cross's explanation as far as maintaining the current
4 level of solvency, was that a comprehensive number or was
5 that directed simply at medical trend?

6 A. What it says is that a contribution to reserve
7 of 1.52 percent is required merely to maintain the RBC
8 levels in light of medical trend.

9 Q. So could there be other things that would also
10 impact maintaining insurer solvency and RBC?

11 A. Yes.

12 MS. HUGHES: Thank you.

13 MS. HENKIN: I'll go to the Board now.
14 Jessica, do you have any questions?

15 MS. HOLMES: I don't. Not at this time.

16 CHAIRMAN GOBEILLE: I'm all set.

17 DR. RAMSAY: I just have one, Ms. Novak,
18 about, you know, again back to page 254, and under
19 the filing of the risk based capital you state in
20 fact we believe the contribution to reserves could be
21 reduced from 2 percent filed without a threat to
22 their solvency. But to zero? To reduce it by a
23 tenth? You know there's no -- maybe I missed this,
24 but did you have an opinion -- could you opine on
25 what you believe would be an acceptable decrease

1 given your background?

2 MS. NOVAK: My very basic estimate of
3 how much lower the rates could go, and especially the
4 contribution to reserve and still stay within the
5 range, they could go down to zero percent. I'm not
6 recommending that. I'm just saying that it would not
7 take them out of approximately where they are now and
8 in the range that they have targeted.

9 DR. RAMSAY: But you don't recommend
10 that?

11 MS. NOVAK: I'm not making a
12 recommendation on the contribution to reserve.

13 DR. RAMSAY: That's all.

14 MS. RAMBUR: So my understanding from
15 your testimony or I'm inferring that in your opinion
16 risk based capital is a valid watermark proxy for
17 solvency; is that correct?

18 MS. NOVAK: Yes.

19 MS. RAMBUR: And I can infer from the
20 DFR testimony that RBC in isolation is not an
21 adequate proxy for solvency. So could you talk about
22 that discrepancy for me?

23 MS. NOVAK: I could tell you what I
24 think other issues are, but DFR might be able to add
25 to that. Risk based capital doesn't consider

1 solvency. It doesn't -- I'm sorry, liquidity. It
2 doesn't consider liquidity. Risk based capital as a
3 percentage doesn't really look at the total dollar
4 amounts. So the dollar amounts represented by a
5 particular percentage of risk based capital might
6 logically be threatened in smaller companies. Risk
7 based capital is retrospective. It looks in the rear
8 view mirror and so it doesn't take into
9 consideration, especially in a start-up company, it
10 doesn't take into consideration what could happen in
11 the coming year. So those are some of the things
12 that I think a more detailed analysis --

13 MS. RAMBUR: Despite those limitations
14 you still conclude the RBC level is the basis of your
15 recommendation.

16 MS. NOVAK: In a stable company with
17 strong liquidity it would -- it would certainly be my
18 favorite point and I don't think some of those other
19 issues would impact my decision, but I think they
20 should be considered.

21 MS. RAMBUR: Thank you.

22 MR. HOGAN: No questions.

23 MS. HENKIN: Anything else of this
24 witness? Thank you.

25 At this time I just want to note there's

1 quite a few people who have come in. I want to make
2 sure that if you are here to give a public comment
3 you both sign in your name on the sign-in sheet and
4 you sign up for public comment, and I believe we
5 should begin them now since -- are we done with the
6 testimony at this point?

7 MS. HUGHES: Yes, we are.

8 CHAIRMAN GOBEILLE: I knew that you had
9 reserved the right to call so I did not want to
10 assume.

11 MS. RICHARDSON: We do not have any
12 additional witnesses.

13 CHAIRMAN GOBEILLE: Okay. Thank you.

14 MS. HENKIN: I asked this yesterday, it
15 was declined, but if anyone has a closing statement,
16 does either party have a closing statement they would
17 like at this point?

18 MS. HUGHES: We'll do any follow up in
19 writing. Thank you.

20 MS. HENKIN: And speaking of writing we
21 did decide on the due date for the memos and that is
22 next week, and is there any question about that at
23 this point?

24 MS. HUGHES: August 4.

25 MS. RICHARDSON: My understanding was

1 August 4 at noon.

2 MS. HENKIN: Thank you, and for the
3 people who are here there will be a decision out on
4 this on the 13th of August is the Board's deadline to
5 have a written decision by that time and public
6 comment ends today at end of day. That can be done
7 online or, as I said before, there are people here to
8 comment today, and I don't know -- Kelly has the
9 list. Can you tell me approximately how many people
10 are on the list at this time?

11 MS. MACNEE: Seven.

12 MS. HENKIN: Okay. And what I would
13 like to do is tell the people who comment this is not
14 for questioning of any of the witnesses, the parties,
15 or the Board. This is purely public comment
16 concerning these -- this rate hearing. I would like
17 it to remain within that scope. I would also like,
18 because there are people still coming in, you to
19 limit your comment time to no more than two minutes
20 please. I know that sounds like not much time, but
21 we do have other people that are coming in to speak
22 and it will give you an opportunity to present what
23 you need to, and you do have the opportunity also to
24 present the Board with your written comments whether
25 you do that online or by paper today. Dale Hackett.

1 MR. HACKETT: Good afternoon. After
2 listening to I think pretty much the whole morning
3 the one that I picked up on was -- there are so many
4 issues I can't comment on all of them, but solvency
5 seems to be the key issue, and the more I thought
6 about it I got intrigued because it seemed like we're
7 talking about a level of solvency for a company that
8 is insuring people that don't have even the chance
9 for that kind of solvency in their life. A pandemic
10 that may never happen. I also have a volcano down in
11 Ascutney that if you want to insure for that in case
12 it ever explodes, but in people's lives they don't
13 have that kind of solvency around health care. They
14 don't have a savings account, or they might have a
15 savings account and it will be wiped out as soon as
16 they get sick. I can't think of anybody, except for
17 maybe somebody extremely rich and in some cases that
18 wouldn't even be true, they don't have this kind of
19 solvency. So can I overextend solvency.

20 There's another factor too. Some of the
21 people that in the testimony said have left and gone
22 to Medicaid, is Medicaid solvent? How much of their
23 solvency is going to go to Medicaid, and Medicaid is
24 not solvent. I just wanted to broaden the
25 perspective. Solvency of people and the consumer and

1 their health care is far beyond the solvency we've
2 been talking about this morning, and that's the more
3 important solvency, and we need to remember the
4 greater solvency issue may be elsewhere. We as
5 consumers are going to have to pay that solvency. My
6 two minutes are up.

7 MS. HENKIN: That's fine.

8 MR. HACKETT: I'm done. There's plenty
9 more and thank goodness because I don't like
10 commenting all the time, but I do want to
11 participate. I do try and participate, but I love to
12 see other comments.

13 MS. HENKIN: Thank you very much. We
14 appreciate your participation, Dale, and I do have --
15 if you are still signing in, Kelly Macnee is in the
16 back, but I do have the list here. Jamie Contois.

17 MS. CONTOIS: It's Contois.

18 MS. HENKIN: I'm going to apologize.

19 MS. CONTOIS: I didn't know what your
20 practice was so I made five for the Board.

21 MS. HENKIN: We have one more board
22 member.

23 MS. CONTOIS: So my name is Jamie
24 Contois and I live in Putney, Vermont, and though I
25 have been in practice to speak out on national health

1 care reform and state reforms, I always get nervous
2 and my voice shakes so I'm just preparing you.

3 I'm a new mom. My son and my spouse are
4 down at Skinny Pancake eating while I'm up here. My
5 19-month-old on my hip would probably wreak havoc on
6 the mike system as I try to testify. So I wanted to
7 just say that I have been insured under the private
8 Blue Cross Blue Shield plan. My spouse was insured
9 under Catamount. We have now switched over to
10 Vermont Health Connect and have the gold standard
11 plan through Blue Cross Blue Shield.

12 I was shocked when we got a rate
13 increase this year of approximately \$1,500 on top of
14 the over \$16,000 we were already paying per year out
15 of pocket. We are not receiving subsidy or financial
16 support for this. We now pay over \$18,000, about
17 \$18,500 for health insurance. If you calculate in
18 our deductible, it is nearly \$20,000 annually.

19 In our family's income -- I worked for
20 five years on national health care reform. I worked
21 very hard. I looked at the public policy. I looked
22 at the income of the top executives in the insurance
23 industry. I looked at international debates about
24 how this work needs to be done and how you can
25 transform a health care policy over to something that

1 is sustainable and affordable for everyday working
2 people.

3 We have stepped backwards in the State
4 of Vermont. We are stepping so far backwards right
5 now. My spouse who was diagnosed with type one
6 diabetes at four years of age is starting to talk to
7 me about going to the higher deductible plan that has
8 worse benefits. We're looking at not being able to
9 afford insurance as we are starting a family in our
10 beloved state.

11 So I really appreciate the gentleman who
12 spoke before me because I know how to think like an
13 institution and I know how to think about solvency.
14 I also have helped start businesses that know how to
15 make things work internally by moving money around
16 and not passing the buck to the consumer. So because
17 I looked at all your bios and was super impressed at
18 the genius in the room and the comprehension of what
19 you guys have heard over and over and over again,
20 whether it's in this room or whether it's in your
21 personal lives, I ask you to deny the rate increases
22 that are requested today because we will go from
23 paying 22 percent of our income to 25 percent of our
24 income. That does not include housing or food or any
25 of the other basic things that we need. We're

1 looking at a day care now. I mean this cannot stand
2 in the State of Vermont. It is unethical. We have
3 been a national leader in health care and that has
4 changed.

5 So I ask you for us to make a health
6 care system that we can be proud of and where we can
7 be a national leader again and not just to deny this
8 rate increase, but to take your mandate to the next
9 level for what you are created for.

10 MS. HENKIN: Thank you. Michael
11 Ialeggio. State your name.

12 MR. IALEGGIO: It's tricky. It's
13 I-A-L-E-G-G-I-O. So yes my name is Michael. I am in
14 a couple weeks going to go back to med school at UVM.
15 Going to be a second year. I have had a lovely
16 summer off, and first I want to say that the two
17 speakers who preceded me were incredibly eloquent and
18 I appreciate their testimony and my voice will also
19 shake a bit because I don't do this much.

20 As a student this past year I was
21 eligible for Medicaid and I'm extremely thankful to
22 be eligible for Medicaid, but when I heard about this
23 rate increase it made me go to my files, I actually
24 have a file cabinet which is exciting, and pick out
25 my W-2 from the last two years. So the last two

1 years I was working as a clinician, as a mental
2 health counselor, at a -- which is a job I loved and
3 I made -- in 2013, for example, I made \$20,500 as a
4 clinician and that's another issue, you know, but I
5 looked at the numbers and it turned out that I paid,
6 and I remember being surprised about this in the
7 past, I paid \$6,413 for health insurance during that
8 time.

9 So if you just run those simple numbers,
10 it's 32 percent of my wages that I paid to health
11 insurance, and I remember being shocked at that at
12 that time, and then if you just kind of plug in the 8
13 percent or some other percentage, it shoots up to 35
14 percent. I think this is just a good reminder that
15 this doesn't work, and I am fortunate enough at this
16 time that I don't have to worry about anything that
17 happens, the decision that is made here, but I'm
18 close enough to the time when I remember such that I
19 can remember when I would have been worried to have
20 to come up with an extra \$500, especially given rents
21 in Burlington.

22 I think we need to think in big terms,
23 which means to say that systematically this doesn't
24 make sense. We all know that. Anybody can look at
25 these numbers that I'm giving you here or the numbers

1 that Jamie or Julie -- Jamie just talked about before
2 and without having any sort of degree understand that
3 it makes no sense. So why don't we just take that as
4 a starting point and move towards something which
5 makes more sense. So that is what I wanted to say.

6 MS. HENKIN: Thank you. Sheila Linton.

7 MS. LINTON: So good afternoon. Thank
8 you for the opportunity to provide my testimony
9 today. My name is Sheila Linton and I'm from
10 Brattleboro. Today we're hearing testimony of
11 whether Blue Cross Blue Shield should increase the
12 rates by 8.4 percent and my reply is no and these are
13 my reasons why.

14 As a single mother of two children, one
15 of my daughters is in college while the other just
16 entered her teenage years. Both of my children are
17 on my plan through Vermont Health Connect and
18 receiving insurance through Blue Cross Blue Shield.
19 I am over the cap for Medicaid but just under enough
20 for my younger daughter to receive Medicaid or be on
21 Dr. Dinosaur as we call it. My daughter -- my older
22 daughter and I have a combined deductible of \$2,400
23 at the age of only 20-years-old and the \$20 co-pays.
24 We currently both have a stack of medical bills
25 amounting to over a thousand dollars of out-of-pocket

1 costs right now and it keeps on growing everyday.

2 I'm a check-to-check mom and these
3 additional costs have prevented both my daughter and
4 I from getting the care that we need or when we do
5 get the care that we need falling into debt. In
6 addition to these costs, I was one of the hundreds of
7 folks that made a little more than expected this
8 year. This caused me to have to pay back my
9 subsidies that the state gave me costing me my tax
10 return and me owing into the IRS almost 600 dollars.
11 If Blue Cross Blue Shield rates increase, I can only
12 assume through experience that those costs will be
13 transferred to the people of Vermont while Blue Cross
14 Blue Shield continues to operate under a non-profit
15 status and receive millions of dollars in tax breaks.
16 People are not getting the care that they need.
17 People are going bankrupt. People are dying.

18 We and you, the Board, have the
19 opportunity to create a system that can help
20 alleviate the suffering of so many people here in
21 Vermont and so many people you will hear from today
22 including my family. I urge the Green Mountain Care
23 Board to continue the path to a truly universal
24 health care system providing health care as a public
25 good where the people pay based on their ability to

1 pay and reject the Blue Cross Blue Shield's request
2 to profit off of our sicknesses and our deaths.

3 I also understand that among a few the
4 Vermont Workers Center has provided a full
5 comprehensive proposal as to how we can get this done
6 where over a hundred economists from around the
7 country have signed on. I'm here to work with you
8 and to help to make my request a reality. Health
9 care is a human right and I thank you for your time.

10 MS. HENKIN: Thank you. Jess Fuller.

11 MS. FULLER: You will have to excuse me
12 for my limp. I was hit by a car this summer.

13 I want to begin by acknowledging how
14 inaccessible these open forums are. While I
15 understand health care and financing can be complex
16 the effects of these decisions are simple. Working
17 class people cannot -- are being gauged with an 8
18 percent rate hike among waves of austerity cuts.
19 Additionally I want to point out the fact this is
20 being held in the middle of the day in the middle of
21 the week and working class people who are on Vermont
22 Health Connect cannot make it here because they are
23 working just to make their ends meet and how
24 unaffordable and how inaccessible this is, and that's
25 really disheartening for me to think this is the

1 public forum that we are supposedly able to have.

2 Speaking of that point I have just
3 plenty of friends who just are not able to make ends
4 meet. I'm a student. I just graduated from UVM. I
5 was lucky enough to be able to go to UVM just through
6 an enormous amount of scholarships, but right now I'm
7 facing student loan debt as well as medical debt
8 after, like I said, I was hit by a car. I am
9 fortunate enough to have health insurance, however,
10 my deductible for my one health insurance is \$4,000,
11 and being a recent grad who is unable to work that's
12 -- I couldn't afford my rent, I couldn't afford my
13 food. I don't understand why we're perpetuating this
14 system of precarity where we're not even allowing
15 working class people to live in Vermont any longer.

16 I'm really frustrated to think I moved
17 to this state because I saw Vermont as moving forward
18 with health care reform, and honestly Vermont Health
19 Connect is just a false solution to the system. How
20 can we allow this 8 percent rate hike to actually
21 occur. I can't afford that. I can barely make my
22 ends meet as it stands, and with every wave of
23 austerity cuts that's been put before us in the past
24 year between the Legislature I don't know where we
25 think we're going, but if anything we're being

1 continuously entrenched in this for profit system,
2 like Sheila just said, that's benefitting off of
3 people like me getting hit by a car my first day of
4 work. I didn't have health insurance in my new job
5 and I'm lucky enough just to be on my mom's health
6 insurance, but I don't know where this leaves us.
7 It's crippling my family. I lost my stepdad to
8 cancer because he didn't have health insurance, and
9 he was a small business owner because he couldn't
10 afford it, and I'm just really disappointed that this
11 is going on and we're allowing this to go on, and
12 we're cutting so many people out of the conversation
13 by doing this in a bureaucratic style in a board room
14 where so many people who are being affected by this
15 are not being heard. Thanks.

16 MS. HENKIN: Thank you. Phil Lippert.
17 Millard Cox, and if there's another list and you want
18 to bring that up, I can move on to that.

19 MR. COX: Thanks for this opportunity.
20 My name is Millard Cox. I'm from Ripton and I'm here
21 today to ask you to please deny a rate increase of
22 any amount to Blue Cross Blue Shield for this year.
23 This is because in part the poverty rate in Vermont
24 is increasing in spite of reports that the economy is
25 getting better. There are more children living in

1 poverty today than there were last year. The state's
2 cutting back on supports for the poorest families in
3 Vermont and increasing the tax rate on those families
4 at the same time. For Blue Cross Blue Shield to even
5 request a rate increase at this time demonstrates to
6 me how tone deaf the corporation is to the true
7 situation in Vermont for working families.

8 It's a completely inappropriate request.
9 Also it's because I think about the absurdity of
10 paying premiums to a corporation to get health care
11 when that corporation doesn't actually deliver health
12 care. They don't perform any kind of health care.
13 What they do instead is they present impediments to
14 the ability of people to receive health care. They
15 don't provide a service, but we pay for a service. I
16 don't know what the service is. Also it's absurd to
17 me that the company is titled as a non-profit when
18 it's clear that they make tremendous profits, and
19 they pay salaries to their Board -- not to their
20 Board, excuse me, to their officers that puts those
21 officers in the top one percent of income in the
22 State of Vermont, and in 2014 the corporation paid no
23 taxes that I know of. I think they got a 15 million
24 dollar tax exemption.

25 So I just think it's absurd for

1 Vermonters to be given -- given a demand that they
2 pay money to a corporation that does not deliver
3 health care in order to receive health care, and to
4 me it amounts to a form of extortion because people
5 who can't afford the premiums are then denied access
6 to health care or else are placed in a situation
7 where they face bankruptcy.

8 So to me Blue Cross Blue Shield should
9 go away and let us develop a health care system that
10 actually works for Vermonters. The health care
11 system that we have right now works for the insurance
12 companies. It doesn't necessarily work for us.
13 Thank you.

14 MS. HENKIN: Thank you. Bekah Randall
15 or Mandell. It's Mandell, correct?

16 MS. MANDELL: Yes. Is it okay if I
17 stand? It will be better for balancing the baby.
18 Can you folks hear me? Hi.

19 MS. HENKIN: We'll adjust that a little
20 for you.

21 MS. MANDELL: Hi. My name is Bekah
22 Mandell and I grew up just down the road in
23 Middlesex. After living -- growing up in Vermont I
24 returned to Burlington to live with my husband and
25 our baby son Loren and I'm a member of the Vermont

1 Workers Center. My husband and I are both
2 entrepreneurs. We are both small business owners
3 here in Burlington and neither of us get health
4 insurance through our work so we are responsible for
5 the full premium and the full cost of the Blue Cross
6 Blue Shield health insurance that we got. So that
7 means the premiums, the co-pays, the deductibles. So
8 our monthly premiums are \$465 per person. That
9 includes Loren who is not yet contributing
10 financially to our household.

11 So that means we pay a total of \$1,395
12 dollars a month in premiums alone. That's before we
13 get to the co-pays and before we get to the
14 deductibles. So that's significantly more than our
15 mortgage, and frankly it's significantly more than we
16 can afford. An 8 percent rate increase would force
17 us to pay more than \$1,500 a month for our health
18 care premiums, and a 14 percent increase would cost
19 us nearly \$1,600 a month in premiums alone.

20 A new baby, as I'm sure many of you
21 know, brings lots of increased costs into your lives;
22 child care, diapers, our water bill has gone up
23 because of all the laundry we're doing, and we simply
24 can't afford to pay more for our premiums. We can't
25 afford to pay what they are now. \$1,400 is more than

1 we can afford. \$1,500 is a lot more than we can
2 afford. \$1,600 I don't know what we would do to be
3 honest. I want Vermont to be a place where I can
4 stay and raise my family and not have to move to a
5 place that's cheaper.

6 As our family tries to figure out the
7 balance of these high health care premium costs with
8 our other monthly bills I've been thinking a lot
9 about how health care is in fact a human right and
10 it's not a commodity to be bought and sold. My
11 health, my family health, is not numbers on a balance
12 sheet at Blue Cross. It's a real -- it's something
13 that's real in our lives, and so I'm proud of the
14 steps Vermont has taken so far to get us through the
15 universal health care system, and I know we can go
16 farther.

17 As members of the Green Mountain Care
18 Board you folks are in charge of this awesome
19 responsibility for my son, for me, for the whole
20 State of Vermont to see that we can have a universal
21 equitable health care system, and so I hope that you
22 will take this opportunity to reject the cost
23 increase that Blue Cross is asking for and take
24 concrete steps to move us forward towards an
25 universal equitable health care system for all of

1 Vermont. Thank you.

2 MS. HENKIN: Thank you.

3 MS. MANDELL: I have copies of my
4 testimony if anyone wants to see it.

5 MS. HENKIN: We can take that and submit
6 it as a public comment for you. I don't have any
7 more names on the list for public comment. Is there
8 anyone else who has not signed up who wishes to speak
9 at this time? If that's the answer that I hear
10 silence, then we will be closing this hearing today
11 and this closes the hearing.

12 CHAIRMAN GOBEILLE: Thank you. Well
13 first of all, thank you to the parties for coming.
14 We appreciate it. Thank you to everyone who came and
15 testified and to other members of the public who came
16 to watch. At this point I'll accept a motion to
17 adjourn.

18 MS. RAMBUR: So moved.

19 CHAIRMAN GOBEILLE: Is there a second?

20 MS. HOLMES: Second.

21 CHAIRMAN GOBEILLE: All those in favor,
22 aye.

23 (Board Members respond aye.)

24 CHAIRMAN GOBEILLE: All right. Thank
25 you.

1 (Whereupon, the proceeding was
2 adjourned at 1:15 p.m.)
3

4 C E R T I F I C A T E

5 I, JoAnn Q. Carson, do hereby certify that
6 I recorded by stenographic means the meeting re: Docket
7 Number 08-15-rr at the Second Floor Conference Room of the
8 Green Mountain Care Board, 89 Main Street, Montpelier,
9 Vermont, on July 29, 2015, beginning at 9 a.m.

10 I further certify that the foregoing
11 testimony was taken by me stenographically and thereafter
12 reduced to typewriting, and the foregoing 175 pages are a
13 transcript of the stenograph notes taken by me of the
14 evidence and the proceedings, to the best of my ability.

15 I further certify that I am not related to
16 any of the parties thereto or their Counsel, and I am in
17 no way interested in the outcome of said cause.

18 Dated at Burlington, Vermont, this 31st day
19 of July, 2015.
20
21
22

23 _____
24 JoAnn Q. Carson

25 Registered Merit Reporter

Certified Real Time Reporter

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